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MILWAUKEE COMMUNITY JOURNAL

# WEEKEND EDITION

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# HEALTH & WELLNESS

NEWS & VIEWS ON: HEALTHIER  
LIVING, NUTRITION, MEDICAL  
ADVANCEMENTS AND FITNESS

## Study Links Disparities in Pain Management to Racial Bias

By Fariss Samarrai,  
UVA Today (news.virginia.edu),  
Posted April 4, 2016

Research has documented that black Americans are systematically under-treated for pain relative to white Americans, likely due to both the over-prescription and over-use of pain medications among white patients and the under-prescription of pain medications for black patients.

Indeed, research has shown that black patients are undertreated for pain not only relative to white patients, but relative to World Health Organization guidelines.

New research from the University of Virginia suggests that disparities in pain management may be attributable in part to bias.

In a study of medical students and residents, researchers find that a substantial number of white medical students and residents hold false beliefs about biological differences between black and white people (e.g., black people's skin is thicker; black people's blood coagulates more quickly) that could affect how they assess and treat the pain experienced by black patients.

The findings are detailed online in the April 4 edition of the journal Proceedings of the National Academy of Sciences.

"Many previous studies have shown that black Americans are undertreated for pain compared to white Americans, because physicians might assume black patients might abuse the medications or because they might not recognize

the pain of their black patients in the first place." said Kelly Hoffman, a UVA psychology Ph.D. candidate who led the study. "Our findings show that beliefs about black-white differences in biology may contribute to this disparity."

Hoffman and her team asked white medical students and residents, 222 participants in total, to rate on a scale of zero to 10 the pain levels they would associate with two mock medical cases, a kidney stone and a leg fracture, for both a white and a black patient, and to recommend pain treat-

## From A Black Perspective Pain, Doctors and the Myth of Black Invincibility

By Jeff Ihaza, courtesy of gawker.com

Being black in most places in the world is, by and large, a disadvantage. In America, for example, police are more likely to arrest you if you are black, jobs are less likely to call you back if your name sounds black, and just about all of your cultural capital is sure to find its way, more profitably, in the hands of a white person.

Now, alas, black people can add "white doctors really

ments based on the level of pain they thought the patients might be experiencing.

They were also asked the extent to which various beliefs about biological differences between blacks and whites are true or untrue; for example: that blacks age more slowly than whites; their nerve endings are less sensitive than whites'; their blood coagulates more quickly than whites'; their skin is thicker than whites' (all false); and several other

(continued on page 3)

think we're invincible" to the list of pains in the asses we have to deal with on a regular basis. According to a study conducted at the University of Virginia, more than 111 medical students believe non-truths about black people, like the idea that our blood coagulates faster than white people's. From UVA's press release:

Hoffman and her team asked white medical students and residents, 222 participants in total, to rate on a scale of zero to 10 the pain levels they would associate with two mock medical cases, a kidney stone and a leg fracture, for both a white and a black patient, and to recommend pain treatments based on the level of pain they thought the patients might be experiencing. They were also asked the extent to which various beliefs about biological differences between blacks and whites are true or untrue; for example: that blacks age more slowly than whites; their nerve endings are less sensitive than whites'; their blood coagulates more quickly than whites'; their skin is thicker than whites' (all false).

This is horrible but ultimately unsurprising. When Darren Wilson shot Michael Brown in Ferguson Missouri, he

(continued on page 3)

Photo courtesy of  
theSource.com



# The Waiting Room

News and Notes on Health and Wellness

## Milwaukee Health Department Releases 2015-2016 Community Health Assessment

**Report presents city health data, serves as foundation for community health improvement plan**

Today, Mayor Tom Barrett and Commissioner of Health Bevan K. Baker released the 2015-2016 City of Milwaukee Community Health Assessment.

The report provides detailed information in more than 100 measures across 21 core variables on the health status of city residents as well as conditions that impact health.

“We have seen much success in areas such as teen birth rates, immunizations, and childhood lead poisoning, and I am committed to driving further improvements for the health of all Milwaukee residents,” said Mayor Tom Barrett. “Our City of Milwaukee Community Health Assessment will be the first step in a process of identifying additional priorities and partnerships that will create a healthier Milwaukee.”

Part of a yearlong effort conducted in collaboration with the health system members of the Milwaukee Health Care Partnership to gather, analyze, and summarize local data on the health status of city residents and the conditions that impact health of residents, the assessment serves as the foundation from which a community health improvement plan will be developed.

The findings highlight not only traditional measures of illness, access to health care, and individual health behaviors, but also areas such as income, employment, education, and the built environment that are much more powerful than health care and health behaviors in determining the overall health of communities, neighborhoods, and the city as a whole.

“This report presents a snapshot of the health of city residents today,” said Commissioner of Health Bevan K. Baker. “With this information in hand, we will now begin a community health improvement planning process that will result in a community-driven plan for a healthier Milwaukee.”

“This collaborative process will identify priorities and action steps for improving health outcomes in Milwaukee – and will call on partners city-wide to come together around key issues.”

Over the coming months, the MHD will convene community members and stakeholders to select priority areas for communitywide action, and then to identify agencies and partners best suited to address these issues. The resulting Community Health Improvement Plan will then be used to guide updates to the MHD strategic plan.

The City of Milwaukee Community Health Assessment is available for community comment and feedback at [Milwaukee.gov/health](http://Milwaukee.gov/health).



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**MILWAUKEE COMMUNITY JOURNAL**

**WEEKEND EDITION**

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Opinion and comments expressed on the Perspectives page do not necessarily reflect the views of the publisher or management of the MCJ. Letters and “other perspectives” are accepted but may be edited for content and length.





# Study Links Disparities in Pain Management to Racial Bias

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items, some of them true, such as: Whites are less susceptible to heart disease; whites are less likely to have a stroke than blacks.

The researchers found that half of the sample endorsed at least one of the false beliefs, and those who endorsed these beliefs were more likely to report lower pain ratings for the black vs. white patient, and were less accurate in their treatment recommendations for the black vs. white patient.

To determine treatment accuracy, the researchers provided 10 experienced physicians with the same medical cases.

The majority of these physicians recommended a narcotic (e.g., opiate, oxycodone) for both cases, which also aligns

with the pain treatment recommendations of the World Health Organization.

Importantly, white medical students and residents who did not endorse these false beliefs did not show the same bias.

"We've known for a long time that there are huge disparities in how blacks and whites are assessed and treated by the medical community," Hoffman said.

“Our study provides some insight to what might contribute to this – false beliefs about biological differences between blacks and whites.

These beliefs have been around for a long time in our history. They were once used to justify slavery and the inhumane treatment of black people in medicine.

“What’s so striking is that, today, these beliefs are not necessarily related to individual prejudice.

"Many people who reject stereotyping and prejudice nonetheless believe in these biological differences. And these beliefs could be really harmful; this study suggests that they could be contributing to racial disparities."

“The good news is that individuals who do not endorse these false beliefs do not show any evidence of racial bias in treatment recommendations. Future work will need to test whether challenging these beliefs could lead to better treatment and outcomes for black patients.”

# From A Black Perspective Pain, Doctors and the Myth of Black Invincibility

(continued from page 1)

claimed that Brown charged through a barrage of bullets and plenty of white people bought it, citing Brown's size and "power" as if those things somehow make bullets less painful. In fact, white people have a long history of classifying black people as other worldly and immune to "normal" humanity.

Political scientist John Dilulio Jr. introduced the term “Superpredator” to the masses in a 1995 article for *The Weekly Standard* where he described an almost psychological condition overtaking America’s inner-cities. By his estimation, these kids (who he claimed thrived in “black inner-city neighborhoods”) were in a league all their own, possessing an unprecedented capacity for violence, hence the “super” part.

White people's fascination with what (hint:nothing) is biologically different between races goes back as far as the Tuskegee Syphilis Experiment, during which black sharecroppers were manipulated into acting as living petri dishes for a disease that researchers failed to inform subjects there was a cure for. Writer James Jones claimed that the physicians involved were fixated on African American sexuality and believed that the subjects were responsible for getting the disease.

Still, you'd think a room full of doctors in 2016 would be able to offer an emphatic "NO" to a dumbass question like whether or not black people have less sensitive nerve endings. But then again, white people can be astonishing.



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# 2016 Cancer Conference for Community Health Workers

*Staying ahead of cancer through better prevention and early detection*

April is National Minority Health Month, a time to raise awareness of the health disparities that continue to affect racial and ethnic minorities and how we are working together to accelerate health equity.

The American Cancer Society and Kohl's are pleased to present the 2016 Cancer Conference for Community Health Workers. The conference will be held at the Italian Conference Center, 631 East Chicago Street, Friday, April 8 from 8 a.m. to 3 p.m.

The conference is aimed at training community health workers, health educators, and health advocates about risk reduction, prevention, and screening of all cancers. Approximately 250 individuals who work or volunteer to improve the health of their community are expected to attend.

The guest speaker will be J. Leonard Lichtenfeld, M.D., M.A.C.P., (Dr. Len), deputy chief medical officer for the American Cancer Society.

Dr. Len is recognized as a resource for his expertise in oncology and medical affairs. He serves as a liaison for the Society with many professional and public organizations, and is a frequent Society spokesperson on many national and local news programs.



## Study finds link between lead - still found in water, soil and old paint - and criminal behavior

Article courtesy of the Huffington Post via "The Rundown"

The rise and fall of crime levels are commonly pegged to economic and social factors, but a new study strengthens the link with an often overlooked variable that might be inside your own house.

A team of St. Louis University researchers found that high lead exposure in children was associated with increased crime later in life. The finding, in a report released last month, expands factors that may influence criminal behavior, said Brian Boutwell, an associate professor of criminology and criminal justice who co-authored the study.

"We think of the social things that influence behavior: parents, schools," Boutwell said. "But our study drives home the fact that there are aspects of the environment that aren't social, like lead levels."

Research linking early childhood lead exposure and crime goes back decades - and has even been offered as a factor contributing to the historic drop in crime after a spike in the 1970s and '80s.

But the new study focused on data at the census tract level, giving a more detailed analysis than prior research, which studied broader population segments like states or counties that allowed for more variation in factors like income and race.

## Men's Health Network unveils new online resource center for testicular cancer

WASHINGTON – To kick off Testicular Cancer Awareness Month, Men's Health Network (MHN) is launching a new website to promote organizations that are engaged in testicular cancer awareness and to help educate people about risk factors, warning signs, and treatment options for the disease.

TesticularCancerAwarenessMonth.com offers videos, research articles, and awareness activities to turn a difficult-to-discuss problem into an interactive and easier-to-approach learning experience.

Testicular cancer has the one of the highest survival rates, if found early. However, it's still the most common cancer among men aged between 15 and 35 years old. That's what makes prevention techniques and overall awareness critically important.

"Testicular cancer is a very serious but very treatable cancer," said Brandon Leonard, Director of Strategic Initiatives at Men's Health Network.

"The key is reaching younger men who often don't receive as many cancer prevention messages and educating them about the importance of early detection."

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LET’S EAT...HEALTHY!

# Power Up with a Protein- Packed Breakfast

Power Up  
Muffin Cups

**(Family Features)**--You may recognize the importance of protein as part of a healthy eating plan, but if you’re like most people, you may not realize that the time of day you consume your protein matters.

According to the Institute of Medicine, 10 to 35 percent of total daily calories should come from protein. For a 2,000 calorie diet, this translates to about 50 to 175 grams per day. However, most Americans tend to eat most of their protein in the evening, leaving them without the appropriate fuel to feel energized in the morning.

Distributing your protein throughout the day, starting with a power punch at breakfast, will energize your mornings, and you’ll feel fuller longer and be able to focus on tackling the day ahead.

In addition to energy and focus, getting 25 to 30 grams of protein at each meal can help support bone health, maintain a healthy weight and build lean muscle.

To jumpstart your morning with protein, pair a glass of milk with your favorite breakfast foods – like eggs – or mix milk into your favorite smoothie or overnight oats combination.

Whether in a glass, cup or bowl, or mixed into a simple recipe, milk is an ideal way to get high-quality protein, along with eight other nutrients you need, like calcium, vitamin D and potassium.

For additional recipes and to learn more about the power of dairy protein, visit [MidwestDairy.com](http://MidwestDairy.com).

Ingredients  
nonstick cooking spray  
8 large eggs

1 3/4 cups plain 2 percent Greek yogurt  
1 teaspoon onion powder  
1 teaspoon garlic powder  
1/2 teaspoon salt  
1/4 teaspoon freshly ground black pepper  
1 1/4 cups shredded mozzarella cheese, divided  
1 1/4 cups shredded cheddar cheese  
1 1/2 cups frozen chopped broccoli, thawed  
1 1/2 cups cubed whole-grain bread  
Preparation  
Heat oven to 375°F. Coat standard 12-cup nonstick muffin tin with nonstick cooking spray.  
In large bowl, beat eggs and yogurt until thoroughly combined. Whisk in onion powder, garlic powder, salt and pepper.  
Stir in 3/4 cup mozzarella cheese, all cheddar cheese, broccoli and bread; mix thoroughly.  
Let stand for 10 minutes. Stir thoroughly, then divide mixture evenly among prepared muffin cups. (Cups will be about two-thirds full.) Top evenly with remaining mozzarella cheese.  
Bake for 20 to 25 minutes, or until the tops are golden brown. Let stand for 5 minutes before serving.  
Serves 12  
SOURCE: Midwest Dairy Association

# LEGALS•LEGALS•LEGALS•LEGALS

<p><b>SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV002323</b></p> <p>In the matter of the name change of: YVETTE CARMEN RAMIREZ By (Petitioner) YVETTE CARMEN RAMIREZ</p> <p>NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: YVETTE CARMEN RAMIREZ To: EVIE RAMIREZ Birth Certificate: YVETTE CARMEN RAMIREZ</p> <p>IT IS ORDERED: This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON DENNIS P. MORONEY ROOM PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 12, 2016 TIME: 9:00AM</p> <p>IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 3-28-2016 BY THE COURT: HON. DENNIS P. MORONEY Circuit Court Judge 016-084/4-8-15-22-2016</p> <p><b>STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY SMALL CLAIMS PUBLICATION SUMMONS Case No. 16SC007003</b></p> <p>To FRANKIE J. YOUNG/WILBER YOUNG 3612 N. 81ST STREET MILWAUKEE, WI 53222</p> <p>You are being sued by the Plaintiff TWANA L. WAGNER in the Small Claims Court for Milwaukee County, Milwaukee County Courthouse Courtroom 400, 901 N. Ninth St Milwaukee WI 53233. A hearing will be held at 8:30 A.M on 4/18/2016 before a Small Claims Commissioner. If you do not appear, a judgment may be given to the person suing you. A copy of the claim has been mailed to the address above.</p> <p>ATTORNEY FOR THE PLAINTIFF-OR - PLAINTIFF: TWANA WAGNER 4527 N. 46TH ST. UNIT A MILWAUKEE WI 53218 Dated: 3-9-2016 016-083/4-8-2016</p> <p><b>SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT</b></p>	<p><b>MILWAUKEE COUNTY DIVORCE-40101 Case No. 16FA000625</b></p> <p>In Re: The marriage of LAQUITA RALLINGS, Petitioner and Respondent STEVEN RALLINGS</p> <p>THE STATE OF WISCONSIN, TO THE PERSON NAMED ABOVE AS RESPONDENT You are notified that the petitioner named above has filed a Petition for divorce or legal separation against you.</p> <p>You must respond with a written demand for a copy of the Petition within 40 days from the day after the first date of publication.</p> <p>The demand must be sent or delivered to the court at: Clerk of Court Milwaukee County Courthouse 901 N. 9th St. ROOM 104 Milwaukee WI 53233and to LAQUITA RALLINGS 9091 N 75TH STREET APT 2 B MILWAUKEE, WI 53223</p> <p>It is recommended, but not required, that you have attorney help or represent you.</p> <p>If you do not demand a copy of the Petition within 45 days, the court may grant judgment against you for the award of money or other legal action requested in the Petition and you may lose your right to object anything that is or may be incorrect in the Petition.</p> <p>A judgment may be enforced as provided by law. A judgment awarding money may become a lien against any real estate you own now or in the future, and may also be enforced by garnishment or seizure of property.</p> <p>You are further notified that if the parties to this action have minor children, violation of 948.31, Wis. Stats., (Interference with custody by parent or others) is punishable by fines and/or imprisonment.</p> <p>If you and the petitioner have minor children, documents setting forth the percentage standard for child support established by the department under 49.22(9), Wis. Stats., and the factors that a court may consider for modification of that standard under 767.511(1m), Wis. Stats., are available upon your request from the Clerk of Court.</p> <p>You are notified of the availability of information from the Circuit Court Commissioner as set forth in 767.105, Wis. Stats.</p> <p>767.105 Information from Circuit Court Commissioner. (2) Upon the request of a party to an action affecting the family, including a revision of judgment or order under sec. 767.59 or 767.451: (a) The Circuit Court Commissioner shall, with or without charge provide</p>	<p>the party with written information on the following, as appropriate to the action commenced: 1. The procedure for obtaining a judgment or order in the action. 2. The major issues usually addressed in such an action. 3. Community resources and family court counseling services available to assist the parties. 4. The procedure for setting modifying, and enforcing child support awards, or modifying and enforcing legal custody or physical placement judgments or orders. (b) The Circuit Court Commissioner shall provide a party, for inspection or purchase with a copy of the statutory provisions in this chapter generally pertinent to the action. Date: 4-6-2016 By: LAQUITA RALLINGS 016-081/4-8-15-22-2016</p> <p><b>STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY SMALL CLAIMS PUBLICATION SUMMONS Case No. 16SC007107</b></p> <p>To: EUGENE GLENN 8940 W CARMEN AVE # 4 MILWAUKEE, WI 53225</p> <p>You are being sued by the Plaintiff GEO INVESTMENTS LLC in the Small Claims Court for Milwaukee County, Milwaukee County Courthouse Courtroom 400, 901 N. Ninth St Milwaukee WI 53233. A hearing will be held at 2:30 PM on 4/27/2016 before a Small Claims Commissioner. If you do not appear, a judgment may be given to the person suing you. A copy of the claim has been mailed to the address above.</p> <p>ATTORNEY FOR THE PLAINTIFF-OR - PLAINTIFF: GEORGE SESSLER GEO INVESTMENST LLC PO BOX 170814 MILWAUKEE WI 53217 Dated: 4-4-2016 016-082/4-8-2016</p> <p><b>SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV002299</b></p> <p>In the matter of the name change of: OLGA YASHIRA DIAZ By (Petitioner) OLGA YASHIRA DIAZ</p> <p>NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: OLGA YASHIRA DIAZ To: OLGA YASHIRA LEUDO-CAMPAZ Birth Certificate: OLGA YASHIRA DIAZ</p> <p>IT IS ORDERED:</p>	<p>This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON RICHARD J. SANKOVITZ ROOM 500, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 10, 2016 TIME: 9:00 AM</p> <p>IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 4-4-2016 BY THE COURT: HON. RICHARD J. SANKOVITZ Circuit Court Judge 016-080/4-8-15-22-2016</p> <p><b>SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV001956</b></p> <p>In the matter of the name change of: KRISTEN LAUREN WEITZ GRAVATT By (Petitioner) KRISTEN LAURA WEITZ GRAVATT</p> <p>NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: KRISTEN LAURA WEIT GRAVATT To: KRISTEN LAURA WEITZ RYDSTROM Birth Certificate: KRISTEN LAURA WEITZ</p> <p>IT IS ORDERED: This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON DAVID A. HANSHER ROOM 412 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 3 2016 TIME: 1:30 PM</p> <p>IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 3-10-2016 BY THE COURT: HON. DAVID A HANSHER Circuit Court Judge 016-079/4-8-15-22-2016</p> <p><b>SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV002600</b></p> <p>In the matter of the name change of:</p>	<p>JASON SUNSNOW HILL By (Petitioner) JASON SUNSNOW HILL NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: JASON SUNSNOW HILL To: JASON LEE HILL Birth Certificate: JASON SUNSNOW HILL</p> <p>IT IS ORDERED: This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON STEPHANIE G. ROTHSTEIN ROOM 404, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 11, 2016</p> <p>IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 4-4-2016 BY THE COURT: HON. STEPHANIE G. ROTHSTEIN Circuit Court Judge 016-078/4-8-15-22-2016</p> <p><b>SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV002334</b></p> <p>In the matter of the name change of: EMILY TAYLOR HOFFMAN By (Petitioner) EMILY TAYLOR HOFFMAN</p> <p>NOTICE IS GIVEN: A petition was filed asking to change the name of the person listed above: From: EMILY TAYLOR HOFFMAN To: NICK TAYLOR HOFFMAN Birth Certificate EMILY TAYLOR HOFFMAN</p> <p>IT IS ORDERED: This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin. Judge's Name: HON WILLIAM SOSNAY ROOM 414 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 6, 2016 TIME: 10:30 AM</p> <p>IT IS FURTHER ORDERED: Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin. Dated: 3-30-16 BY THE COURT: HON. WILLIAM SOSNAY Circuit Court Judge 016-077/4-8-15-22-2016</p>
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# LEGALS•LEGALS•LEGALS•LEGALS

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV002545**

In the matter of the name change of:  
VANITY MARIE WINSTON  
By (Petitioner) VANITY MARIE WINSTON

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: VANITY MARIE WINSTON To: GRACE MARIE WASHINGTON  
Birth Certificate VANITY MARIE WINSTON

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON JOHN DIMOTTO ROOM 401, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 5, 2016 TIME: 1:30PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 4-1-2016  
BY THE COURT:  
HON. JOHN DIMOTTO  
Circuit Court Judge  
016-076/4-8-15-22-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
DIVORCE-40101  
Case No. 16FA001820**

In Re: The marriage of FANNIE SANDERS Petitioner and Respondent THOMAS J. SANDERS

THE STATE OF WISCONSIN, TO THE PERSON NAMED ABOVE AS RESPONDENT  
You are notified that the petitioner named above has filed a Petition for divorce or legal separation against you.

You must respond with a written demand for a copy of the Petition within 40 days from the day after the first date of publication.

The demand must be sent or delivered to the court at: Clerk of Court Milwaukee County Courthouse 901 N. 9th St. ROOM 104 Milwaukee WI 53233 and to FANNIE SANDERS 7733 W. GRANTOSA DR. MILWAUKEE WI 53218

It is recommended, but not required, that you have attorney help or represent you.

If you do not demand a copy of the Petition within 45 days, the court may grant judgment against you for the award of money or other legal action requested in the Petition and you may lose your right to object anything that is or may be incorrect in the Petition.

A judgment may be enforced as provided by law. A judgment awarding money may become a lien against any real estate you own now or in the future, and may also be enforced by garnishment or seizure of property.

You are further notified that if the parties to this action have minor children, violation of 948.31, Wis. Stats., (Interference with custody by parent or others) is punishable by fines and/or imprisonment.

If you and the petitioner have minor children, documents setting forth the percentage standard for child support

established by the department under 49.22(9), Wis. Stats., and the factors that a court may consider for modification of that standard under 767.511(1m), Wis. Stats., are available upon your request from the Clerk of Court.

You are notified of the availability of information from the Circuit Court Commissioner as set forth in 767.105, Wis. Stats.

767.105 Information from Circuit Court Commissioner.  
(2) Upon the request of a party to an action affecting the family, including a revision of judgment or order under sec. 767.59 or 767.451:  
(a) The Circuit Court Commissioner shall, with or without charge provide the party with written information on the following, as appropriate to the action commenced:  
1. The procedure for obtaining a judgment or order in the action.  
2. The major issues usually addressed in such an action.  
3. Community resources and family court counseling services available to assist the parties.  
4. The procedure for setting modifying, and enforcing child support awards, or modifying and enforcing legal custody or physical placement judgments or orders.  
(b) The Circuit Court Commissioner shall provide a party, for inspection or purchase with a copy of the statutory provisions in this chapter generally pertinent to the action.  
Date: 4-1-2016  
By: FANNIE SANDERS  
016-075/4-8-15-22-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV002294**

In the matter of the name change of:  
ALIANA IZABELLA PHILLIPS  
By (Petitioner) LEEANNE SCHULZ

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: ALIANA IZABELLA PHILLIPS To: ALIANA IZABELLA SCHULZ  
Birth Certificate: ALIANA IZABELLA PHILLIPS

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON STEPHANIE ROTHSTEIN ROOM 404 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 19, 2016 TIME: 9:30AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 3-29--2016  
BY THE COURT: STEPHANIE G. ROTHSTEIN  
Circuit Court Judge  
016-74/4-1-8-15-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV002483**

In the matter of the name change of:  
DAVID JOSEPH LLANAS  
By (Petitioner) DAVID JOSEPH LLANAS

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: DAVID JOSEPH LLANAS To:

DUDE JOSEPH LLANAS  
Birth Certificate: DAVID JOSEPH LLANAS

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON GLENN H. YAMAHIRO ROOM 402 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: MAY 9, 2016 TIME: 9:00AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 3-28--2016  
BY THE COURT: GLENN H. YAMAHIRO  
Circuit Court Judge  
016-73/4-1-8-15-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV001914**

In the matter of the name change of:  
YAJAIRA KITTY CORTEZ BRIN  
By (Petitioner) YAJAIRA KITTY CORTEZ BRIN

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: YAJAIRA KITTY CORTEZ BRIN To: KITTY YAJAIRA CORTEZ BRIN  
Birth Certificate: YAJAIRA CORTEZ

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON GLENN H. YAMAHIRO ROOM 402, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: APRIL 22 2016 TIME: 9:30AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated 03-10-2016  
BY THE COURT:  
HON. GLENN H. YAMAHIRO  
Circuit Court Judge  
016-070/3-25/4-1-8-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV002192**

In the matter of the name change of:  
DAMARI LATRELL RETIC  
By (Petitioner) DAMARI LATRELL RETIC

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: DAMARI LATRELL RETIC To: DAMARI LASHAWN BROWN  
Birth Certificate: DAMARI LATRELL RETIC

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON DENNIS P. MORONEY ROOM 413, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: APRIL 20, 2016 TIME: 3:00PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by

publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 3-18-2016  
BY THE COURT:  
HON. DENNIS P. MORONEY  
Circuit Court Judge  
016-069/3-25/4-1-8-16

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV002232**

In the matter of the name change of:  
YONG YANG  
By (Petitioner) YONG YANG

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: YONG YANG To: MAX ZHONG YOUNG  
Birth Certificate: YONG YANG

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON WILLIAM SOSNAY ROOM 414 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: APRIL 19 2016 TIME: 2:00 PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 3-18-2016  
BY THE COURT:  
HON. WILLIAM SOSNAY  
Circuit Court Judge  
016-068 3-25/4-1-8-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV001838**

In the matter of the name change of:  
LAWRENCE GABRIEL PILOCZEWSKI  
By (Petitioner) LAWRENCE GABRIEL PILOCZEWSKI

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: LAWRENCE GABRIEL PILOCZEWSKI To: GABE LEONARD PILO  
Birth Certificate: LAWRENCE GABRIEL PILOCZEWSKI

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON TIMOTHY G. DUGAN BRANCH 10 ROOM 415, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: APRIL 14, 2016 TIME: 9:00 AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 3-9-2016  
BY THE COURT:  
HON. TIMOTHY G. DUGAN  
Circuit Court Judge  
016-067 3-25/4-1-8-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY**

**NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV002125**

In the matter of the name change of:  
TYLER KEYONE WILSON  
By (Petitioner) KONTESSA MONIQUE BLAYLOCK

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: TYLER KEYONE WILSON To: TYLER KEYONE PENN  
Birth Certificate: TYLER KEYONE WILSON

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON RICHARD J. SANKOVITZ PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: APRIL 27 2016 TIME: 9:00 AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 3-17-2016  
BY THE COURT:  
HON. RICHARD J. SANKOVITZ  
Circuit Court Judge  
016-066 3-25/4-1-8-2016

**SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
WITHOUT MINOR CHILDREN  
Case No. 16FA001114  
DIVORCE 40101**

In re the marriage of: DREWNETT HURKES, 1925 N. 30TH ST. MILWAUKEE, WISCONSIN 53208, Petitioner and FREDDIE DUDLEY 3341 N. 23RD ST. MILWAUKEE WI 53206, RESPONDENT

THE STATE OF WISCONSIN, to the person named above as respondent:

You are notified that your spouse has filed a lawsuit or other legal action against you. The Petition, which is attached, states the nature and basis of the legal action.

Within 20 days of receiving this Summons, you must provide a written response, as that term is used in Ch. 802, Wis. Stats., to the Petition. The Court may reject or disregard a response that does not follow the requirements of the statutes.

The response must be sent or delivered to the following government office: Clerk of Court Milwaukee County 901 North 9th Street Milwaukee, Wisconsin 53233.

The response must also be mailed or delivered within 20 days to the petitioner at the address above.

It is recommended, but not required that you have an attorney help or represent you

If you do not provide a proper response within 20 days, the court may grant judgment against you and you may lose your right to object to anything that is or may be incorrect in the Petition.

A judgment may be enforced as provided by law. A Judgment may become a lien against any real estate you own now or in the future and may also be enforced by garnishment or seizure of property.

Dated: 02-23-2016  
By: DREWNETT HURKES  
016-065/3-25/4-1-8-2016



# African Americans and Kidney Disease: Making the Connection

**(Family Features)**--Kidney disease affects more than six million African American adults - one out of every six. Over time, kidney disease can lead to kidney failure. African Americans are nearly four times more likely to develop kidney failure than Caucasians.

The body has two kidneys, which filter extra water and waste from blood to make urine. They also help control blood pressure and make hormones the body needs to stay healthy.

Kidney disease prevents the kidneys from filtering blood as they should, which can cause waste to build up in the body, leading to serious health problems.

The two main causes of kidney disease and kidney failure are diabetes and high blood pressure - health conditions that are more common among African Americans than whites.

In fact, eight out of 10 new cases of kidney failure among African Americans are due to diabetes or high blood pressure. Yet African Americans are less likely to know that

these conditions are connected to kidney disease. Heart disease and a family history of kidney failure can also increase the risk of kidney disease.

Research funded by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) at the National Institutes of Health uncovered an inherited trait that is more common in African Americans.

People with this trait who also have kidney disease are twice as likely to develop kidney failure and tend to lose kidney function more quickly than those without the trait.

## What You Can Do?

"During National Kidney Month in March - and throughout the year - the NIDDK encourages African Americans to make the connection between kidney disease and diabetes, high blood pressure, family history and heart disease," said Dr. Griffin P. Rodgers, NIDDK director. "If you have a greater chance of developing kidney disease, get tested - and remember to talk with others about kidney health."

## Getting Tested

Because early kidney disease has no signs or symptoms, getting tested is the only way to know if you have the disease.

Doctors test for kidney disease with a urine test that checks for albumin, a type of protein in your urine, and a blood test that shows how well your kidneys are filtering.

Getting tested can lead to earlier treatment, which can help you avoid or delay kidney failure. If you have diabetes, high blood pressure, heart disease - or a mother, father, sister or brother with kidney failure - don't wait to get tested.

## Reaching Out

Talk with family members to find out if there is a history of kidney disease, diabetes, high blood pressure or heart disease in your family and share this information with your health care provider.

The NIDDK's Family Reunion Health Guide has tips for talking with relatives at family reunion gatherings or one-on-one.

You can also help others make the kidney connection by reaching out to members of your faith community. The Kidney Sundays toolkit shows you how to raise awareness within your faith community about the risks for kidney disease and the importance of getting tested.

## Staying Healthy

To take care of your kidneys and overall health, try to partake in regular physical activity and eat a healthy diet that includes plenty of fruit, vegetables, whole grains and low-fat foods. Cut back on salt, limit how much alcohol you drink and if you smoke, take steps to quit.

Also, remember to take any diabetes, high blood pressure or heart medicines as your health care provider advises.

Check your blood pressure and blood sugar levels regularly to make sure they are in the appropriate range.

Knowing what can increase your chances of developing kidney disease can help you prevent the disease or detect it early, so you can get treatment and avoid complications.

The NIDDK website has more information about kidney disease, kidney failure and related health topics. You also can connect with the NIDDK on Facebook and Twitter.

SOURCE: NIDDK

## CLASSIFIEDS/LEGALS/PUBLIC NOTICES

### Sales Representatives:

Sales representatives positions available for persons interested in building community newspaper. Must be organized, a self starter and capable of setting weekly goals and meeting them. Base pay during training period, with generous commission pay on all new accounts, and those serviced. **Send Resume to: MCJ; 3612 N. Dr. King Dr.; Milwaukee, WI 53212**

### Web-site updates:

Experienced, web-savvy, updater needed. Daily updates mandatory. Bi-weekly payment. Send resume to: **MCJ; 3612 N. Dr. King Dr.; Milwaukee, WI 53212**

### Visit MCJ

**Healthy Start magazine website @**  
**www.mcjhealthystart.com**

### CLASSIFIEDS

**HOT OFF THE PRESS**

### HEALTH PROMOTION AND CHRONIC DISEASE PREVENTION

Risk factors for many chronic diseases can begin early in life. Bid evidence shows that making dietary and lifestyle changes may prevent disease progression and premature death.

### CHRONIC CONDITIONS RELATED TO DIET

#### 1. HEART DISEASE & STROKE

HEART DISEASE: LEADING CAUSE OF DEATH IN THE U.S.

STROKE: 1 IN 18 DEATHS IN THE U.S.

#### 2. OBESITY

1 IN 3 ADULTS IN THE U.S. IS OBESE

16% OF 6-19 YEAR OLDS ARE OBESE

#### 3. CANCER

CLAIMS MORE LIVES THAN HEART DISEASE

CAUSING FACTORS: OBESITY, POOR DIET & PHYSICAL INACTIVITY

#### 4. OSTEOPOROSIS

8% OF 50+ YEAR OLD FEMALES IN THE U.S. ARE AFFECTED

BONE FRACTURE PREVENTION

#### 5. DIABETES

BY 2010, 10% OF U.S. ADULTS DIAGNOSED WITH TYPE 2 DIABETES IN 2008

13% OF 10-19 YEAR OLDS HAVE METABOLIC SYNDROME

PREDICTORS OF TYPE 2

1. Family history 2. Overweight 3. High blood pressure 4. High cholesterol 5. High triglycerides 6. Low HDL cholesterol

### Visit our website @

**www.communityjournal.net**

### OFFICIAL ADVERTISEMENT

Office of the Milwaukee Public Schools, DIVISION OF FACILITIES AND MAINTENANCE SERVICES, 1124 North 11th Street, Milwaukee, Wisconsin, April 5, 2016.

Sealed proposals will be received at 1124 North 11th Street, directed to the attention of Mr. Travis R. Luzney, P.E., Director of the Division of Facilities and Maintenance Services, pursuant to Section 119.52(3) Wisconsin Statutes, until Tuesday, May 03, 2016 at 1:30PM, in accordance with plans and specifications for the following work:

All contractor(s) and subcontractor(s) are subject to the prevailing wage rates and hours of labor as prescribed by the Milwaukee Board of School Directors of the City of Milwaukee consistent with provisions of Section 66.0903 of the Wisconsin Statutes.

BID GUARANTY TO ACCOMPANY BID: MPS Bid Bond, Certified or Cashier's Check: 10% of Contractor's Base Bid.

#### OPERABLE GYM PARTITION REPLACEMENT

Obama School of Career and Technical Education

5075 N. Sherman Blvd. Milwaukee, WI 53209

MPS Property No. 016

MPS Project No. 3698

The HUB, COIN, Student Employment/Participation Requirements for this contract are 0%.

Deposit for Drawings and Specifications: \$25.00

MAILING CHARGE: \$35.00

The bidding documents may be obtained 7:30 A.M. to 5:00 P.M.; Monday through Friday from A/E Graphics, Inc.; 4075 North 124th Street, Brookfield, WI 53005; phone (262) 781-7744; fax (262) 781-4250, Call A/E Graphics, Inc. for availability of bid documents for pick up. Plans and specifications will be loaned to a prospective bidder upon receipt of the deposit listed, which deposit will be returned upon surrender of the plans and specifications in good condition. Bid documents must be returned only to A/E Graphics, Inc. Plans and specifications may not be examined at the Facilities and Maintenance Services' office or at A/E Graphics. Plans and specifications may also be viewed online at A/E Graphics, Inc. @ [www.aegraphics.com](http://www.aegraphics.com).

Each proposal shall be for a fixed lump sum.

The right is reserved to reject any or all bids or to waive informalities.

Upon reasonable notice, efforts will be made to accommodate the needs of disabled individuals at the bid opening through sign language interpreters or other auxiliary aids. The following TDD number is available for the hearing impaired for questions prior to bid opening, (414) 283-4611.

11038147/04-5-12-19-26

Darlene B. Driver, Ed.D.  
Superintendent of Schools

### THE MILWAUKEE COMMUNITY JOURNAL TO PUBLISH LEGALS NOTICES IN MILWAUKEE COUNTY

Milwaukee, Wisconsin

The Milwaukee Community Journal (MCJ) has expanded its services to the greater Milwaukee community with the publishing of legal notices in its Weekend Edition. As a qualified provider of the publication of legal notices, MCJ will serve city, county and state offices for publishing community notifications. Such notifications include:

- Public hearings
- Public meeting
- Election notices
- Divorce proceedings
- Name change notices
- Publication of summons when personal services cannot be made to defendants
- Notice of auction of unclaimed storage unit property
- Probate notices
- Foreclosure/sheriff's sale notice of creditor listing of property for sale
- Other general legal and public notices

About Milwaukee Community Journal Weekend Edition

The Milwaukee Community Journal (MCJ) Weekend Edition is a public newspaper of general circulation that complies with the laws of Wisconsin relating to the publication of legal notices. MCJ's Weekend Edition has been published regularly and continuously in the city of Milwaukee for over 10 years. We have a paid circulation of approximately 65% of our circulation. Furthermore, our actual subscribers are over 1,000 copies each week.

MCJ's Weekend Edition is published regularly weekly. Each week, MCJ Weekend focuses on different subjects Health, Personal, Finance, Family, Men and Women. Our Weekend Edition now includes the publishing of records designated by the Milwaukee County Circuit Court for publication of legal notices; with added value in the Wednesday edition too.

About the Milwaukee Community Journal (MCJ)

The Milwaukee Community Journal (MCJ) is a quality news organization published throughout Milwaukee and the surrounding suburbs. Established in 1976, the Milwaukee Community Journal has advanced and reported the plight, struggles and victories of minorities in Wisconsin, with a passion for building community the MCJ accentuates the positive, analyzes the negatives and advocates to seed success!

**PROPOSED MILWAUKEE COUNTY DAS-FM Projects for Advertisement for Bids**  
**Name of Project:**  
MPM ELECTRICAL DISTRIBUTION REPLACEMENT  
**Project No.:** M003-15418  
**Bid Due Date:** May 4, 2016  
**See Bid Documents for details**  
Pre-Bid Meeting: April 13, 2016  
**BID DOCUMENTS FOR THE ABOVE PROJECT ARE AVAILABLE AT:**  
MILWAUKEE COUNTY  
633 WEST WISCONSIN AVE., SUITE 1000  
Milwaukee, WI 53203  
For Further Information contact 414-278-4861 or [www.county.milwaukee.gov](http://www.county.milwaukee.gov)

### ATTENTION: MBE/WBE/EBE/SBE/ DBE/SDBE

Subcontractors & Suppliers  
Gorman & Company, Inc.  
is requesting proposals on the following project:

**The Alexander (Mitchell Street Library Portion Only)**  
906 W. Mitchell Street  
Milwaukee, WI

**Bids Due:**  
**Thursday, April 7, 2016 at 2:00PM**

Plans available at BPI, call  
414-327-5010

**Pre-Bid meeting on**  
**Wednesday, March 16, 2016**  
**at 9:00 on site at 906 W. Mitchell St.**

**Gorman & Company, Inc.**

**Attn: Linda Stache**  
**200 N. Main Street**  
**Oregon, WI 53575**  
**Ph: 608-835-5177**  
**Fax: 608-835-3667**

"An Equal Opportunity Employer"

### NOTICE OF INFORMATIONAL PROJECT MEETING For Qualified Small Business Enterprises

#### The Germania Apartments Renovation

Meeting will be held on site:  
Germania Building  
135 W. Wells Street  
Milwaukee, WI 53203

LOWER LEVEL (enter on Plankinton)  
**Wednesday, April 20th, 2016**

**Begin promptly at 9:30 am**

Presented by:  
**Cardinal Capital Construction Management**

Project details, documents  
and bid process

**Attendance is strongly encouraged**



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to learn more

## SOMETHING FOR EVERYONE

Wisconsinites work hard. Make meal-planning easy  
with great deals on all your family's favorites—  
from burgers, to chicken, to pizza.

Fresh 73% Lean  
Ground Beef  
sold in 3 lb. pkgs. or more

**\$2.49<sup>LB</sup>**  
WITH CARD

Roundy's Fresh Beef Patties 1 lb. pkg. \$3.99 WITH CARD

Roundy's  
Whole or Cut Up  
Chicken

**99¢<sup>LB</sup>**  
WITH CARD

An  
excellent  
source of  
Vitamin C

Premium Strawberries  
1 lb. pkg., from California  
Raspberries  
9 oz., from Mexico

**2/\$5**  
WITH CARD



## KELLOGG'S CEREAL & TREATS

**\$2<sup>EA</sup>**

Kellogg's Cereal  
selected 6.4-18 oz. varieties,  
bonus sizes available while supplies last

Kellogg's Pop-Tarts  
selected 12 ct. varieties

Kellogg's  
Nutri-Grain or Rice Krispies Bars  
selected 5-8 ct. varieties

Sunshine Cheez-It,  
Keebler Club Crackers or Keebler Cookies  
selected 6.6-15 oz. varieties

WHEN YOU BUY 4  
LIMIT 1 OFFER WITH CARD  
ALL OTHER PURCHASES \$2.50 WITH CARD



Roundy's  
Turkey Breast  
or Cheddar Cheese  
from our deli

**\$6<sup>LB</sup>**  
WITH CARD

**2/\$6**  
WITH CARD

Roundy's  
Sliced Bacon  
selected 12-16 oz. varieties

Tropicana  
Pure Premium, Trop50  
or Farmstand Juice  
selected 46-59 oz. varieties

**\$2.99**  
WITH CARD

Pepsi or Mtn Dew  
and other selected 12 pk. 12 oz. can,  
8 pk. 12 oz. btl. or 6 pk. 24 oz. btl.

Roundy's Purified Water  
35 pk.

**3/\$10.98**

WHEN YOU BUY 3 OR MORE  
WITH CARD

Lay's,  
Doritos or  
Smartfood Popcorn  
selected 5.5-11.5 oz. varieties

**2/\$5**  
WITH CARD

Kraft  
Natural Shredded,  
Sliced or Chunk  
Cheese  
selected 5-8 oz. varieties

**\$1.99**  
WITH CARD

Miller High Life  
Beer  
30 pk. 12 oz. cans

**\$14.95**  
WITH CARD

Miller,  
Budweiser  
or Coors Beer  
12 pk. 12 oz. cans

**\$8.99**  
WITH CARD

BEER, THE PERFECT PIZZA PAIRING  
SEE STORE FOR GREAT PIZZA BARGAINS

## MAKE IT A FAMILY NIGHT WITH PIZZA, SNACKS & SAVINGS



**2/\$9**  
WITH CARD

DiGiorno  
or California Pizza Kitchen Pizza  
selected 13.4-34.2 oz. varieties

Jack's  
Original Pizza  
selected 14.5-17.7 oz. varieties

**4/\$10**  
WITH CARD

P'MOs  
Pub Style Pizza  
selected 22-25.9 oz. varieties

**BUY ONE GET ONE  
FREE**  
WITH CARD

Simply Roundy's  
Organic Pizza  
selected 13.08-13.58 oz. varieties

**\$5**  
WITH CARD

7-Up,  
A&W, Sierra Mist,  
Crush, Fanta or Fresca  
and other selected 2 hr. btl. varieties

Canada Dry Tonic Water  
and other selected 1 hr. btl. varieties

**99¢**  
WITH CARD

Nabisco  
Family Size Cookies  
or Crackers or Newtons  
selected 8.75-20.6 oz. varieties

**\$2.88**  
WITH CARD

Fresh Express  
Big Pack Salads  
selected 10 oz. varieties

**\$3.99**  
WITH CARD

Take and Bake  
Pizza  
from our deli

**\$6**  
WITH CARD