

# WEEKEND EDITION

VOL. XXXIII NO. 50 JUNE 3, 2016 50 CENTS

BULK RATE U.S. POSTAGE MILWAUKEE, WISCONSIN PERMIT 4668

# HEALTH & WELLNESS

NEWS &amp; VIEWS ON: HEALTHIER LIVING, NUTRITION, MEDICAL ADVANCEMENTS AND FITNESS



## Health and Environmental Science Students from Milwaukee High School of the Arts hold **CANCER PREVENTION AND COMMUNITY WELLNESS STUDENT HEALTH FAIR**

Using graphic displays related to various health and environmental issues—including a very graphic example of what excessive smoking can do to human lungs, Health and Environmental Science students of the Milwaukee High School of the Arts hosted a Cancer Prevention and Community Wellness Student Health Fair at the school, located on Highland Avenue.

High School of the Arts health and environmental students, under the direction of their respective teachers, Mr. Berg and Mr. Butters, developed projects focused on cancer prevention and healthy lifestyles. Participating in the health fair for the first time, the AP Environmental Sciences students created thought-provoking projects about cancer and the environment.

The students' projects focused on such health-related topics such as: Cervical cancer, lung cancer, breast cancer, physical activity, tobacco, nutrition and wellness.

The environmental sciences class focused on the health impact of car exhausts, alternatives to carcinogenic pesticides, herbicides and the lessons learned from the Love Canal environmental disaster.

There were also a number of high-profile sponsors and partners who helped make the fair possible and a success: The Medical College of Wisconsin and Froedert Hospital, Milwaukee Public Schools, Kohl's Healthy Families and The American Cancer Society, Safe and Sound, the City of Milwaukee's Summer Youth Employment Initiative, Canz4Cancer, iCare, Diverse and Resilient, and the Sixteenth Street Community Health Centers.--Compiled by MCJ Staff





# The Waiting Room

News and Notes on Health and Wellness

## Zika Reinforces The Importance of Insect Repellent

WASHINGTON — The Zika virus has been identified in many locations, including reported cases here in the United States.

The virus — which is specifically dangerous for pregnant women where it can lead to birth

defects in infants — has been identified in at least 35 countries or territories in the Americas.

Additionally, there have been more than 350 travel-related cases reported in the United States.

For the latest information on Zika go to: <https://www.acep.org/zika/>.

While Zika is understandably in the news right now, the nation's emergency physicians warn that there are also other, very dangerous, insect-borne illnesses here in the United States that we need to protect ourselves from this summer.

"There are many mosquito-borne or tick illnesses, including several viruses that cause encephalitis, West Nile and Lyme disease, that Americans can't forget about and must protect themselves from this summer,"

said Jay Kaplan, MD, FACEP, president of the American College of Emergency Physicians.

"Taking protective measures when going outside is the best way to stay safe."

The easiest and most effective way to avoid getting a mosquito-borne or tick-borne illness is obviously to prevent these insects from biting you.

### Insect Repellents

When you are outside, use insect repellent (bug spray) that contains an EPA-registered active ingredient, such as DEET.

Never use DEET on infants under 2 months old, but the CDC says most insect repellents can be used on children older than 2 months.

Young children should not apply DEET on themselves, and adults must not apply to their hands, eyes or mouth areas or on any wounds.

Check with your child's pediatrician if you have any questions.

### Proper Clothing

Mosquitos are most active when it is darker, such as during dawn or dusk. Wear long sleeves and pants during that time or consider staying indoors during those hours.

Sleep under a mosquito net when you are in an "at risk" location, such as outdoors at a campsite.

Consider purchasing pre-treated clothing for travel.

Check your head, body and clothes for ticks if you've been outside, especially in wooded areas.

### Prevention Around The House

Put screens on any windows or sliding doors to keep mosquitos out.

Get rid of standing water near your house or in your lawn, such as puddles, flower pots, buckets, barrels and child waiting pools when they are not in use.

These are mosquito breeding sites. Keep fountain waters flowing if possible and maintain clean gutters around your prop-

erty.

Don't handle dead birds. Mosquitos become infected when they feed on infected birds. Contact your local health department for instructions on reporting and disposing of dead birds.

As always, take precautions and go to your doctor or the nearest emergency department to get checked out if you feel you have the symptoms of a medical emergency.

ACEP is the national medical specialty society representing emergency medicine. ACEP is committed to advancing emergency care through continuing education, research and public education. Headquartered in Dallas, Texas, ACEP has 53 chapters representing each state, as well as Puerto Rico and the District of Columbia.

A Government Services Chapter represents emergency physicians employed by military branches and other government agencies.

### ER Docs: Wear Insect Repellent This Summer

While most of the focus is on the Zika virus, emergency physicians remind us that there are also other, very dangerous, mosquito-borne illnesses - like West Nile - in the United States that we must protect ourselves against.

#### REPELLENT

When you are outside, use insect repellent that contains an EPA-registered active ingredient, such as DEET.

#### CLOTHING

Wear long sleeves and pants at night or stay indoors. That's when mosquitos are most active.

#### HOME

Get rid of standing water near your house or in your lawn. Put screens on windows or sliding doors to keep mosquitos out!

As of January 12, 2016, a total of 48 states and the District of Columbia reported West Nile cases in 2015.

Overall, 2,000 cases of West Nile virus disease in people have been reported to CDC.

Brin's 2016 Top Mosquito Cities

- Atlanta, GA
- Chicago, IL
- Washington, DC
- Detroit, MI
- New York, NY
- Dallas-Ft. Worth, TX
- Nashville
- Charlotte, NC
- Raleigh-Durham, NC
- Boston, MA

Source: Orkin Pest Control

Taking protective measures when going outside is the best way to stay safe!

[www.EmergencyCareForYou.org](http://www.EmergencyCareForYou.org)

American College of Emergency Physicians

## MILWAUKEE COMMUNITY JOURNAL

# WEEKEND EDITION

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**MCJ STAFF:**

Patricia O'Flynn -Pattillo  
Publisher, CEO  
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**CONTRIBUTING WRITERS:**  
Fr. Carl Diederichs, Rev. Joe McLin,  
**PHOTOGRAPHER:** Yvonne Kemp

Opinion and comments expressed on the Perspectives page do not necessarily reflect the views of the publisher or management of the MCJ. Letters and "other perspectives" are accepted but may be edited for content and length.

## 40th Anniversary

MILWAUKEE COMMUNITY JOURNAL 1976 - 2016

# 40 YEARS AND 40 BEACONS OF LIGHT!

### LIFE TIME SERVICE AWARDS 2016

Atty. John Daniels, Quarles and Brady  
Ralph Hollmon, CEO/Pres., Milwaukee Urban League  
Atty. Michael Hupy, Hupy & Abraham S.C.  
Marlene Odom, Former Alderwoman, 6th District  
Sen. Lena Taylor, WI State Senate, District 4  
Barbara Toles, Former WI State Assembly Representative, 17th Assembly District  
Thelma Sias, We Energies, Inc. Vice President

### COMMUNITY AGENCIES, RESOURCES AND SERVICES

Victor Barnett: Running Rebels, Inc.  
James Brey: Beckum Stapleton Little League  
Sherri Reed Daniels: Pathfinders, Inc.  
Marcus Duke: Kids Club 414  
Andre Lee Ellis: "We Got This" Male Development and Empowerment  
Torre Johnson: Wisconsin Community Services, Inc.  
Vincent Lyles: Milwaukee Boys and Girls Club, Inc.  
Dana World-Patterson: Freedom Foundations, Inc.

### HEALTH AND HEALTH RELATED SERVICES

Diane Beckley: St. Ann Center-Bucyrus Campus  
Elizabeth Coggs: Westcare, Inc.  
Dr. Tito Izard: Milwaukee Health Services, Inc.  
Dr. Eugene Pruitt: Medical College of Wisconsin  
Vivian King, Vice President Community Relations: Aurora Health Care, Inc.

### EDUCATION

Janet Butler: Milwaukee Public Schools, Teacher  
Wendell Harris, Milwaukee Public Schools Board  
Alice Pugh: Milwaukee Public Schools, Teacher

### RELIGION

Reverend Charles Thornhill, (posthumously): Mt. Moriah Baptist Church, late pastor  
Reverend Joe M.H. Todd: Ephesians Missionary Baptist Church, Pastor  
Father Bob Steifvater: All Saints and St. Martin dePorres Catholic Churches  
Reverend Darryl Williams: St. Mark AME Church, Pastor

### BUSINESS AND BUSINESS DEVELOPMENT

Steve Canal, MillerCoors, LLC, Director

Victoria Frazier: Northwest Funeral Chapel and Activity Center, Vice President  
Kaye Garcia: Potawatomi Bingo and Casino, Director Foundation  
Melissa Goins: Maures Development LLC, CEO, President  
Crystal Owney: G.E. Aviation, Dr. Terence N. Thomas Scholarship Fund Alumni  
Anthony Rhodes: Columbia Savings and Loan, Vice President  
Charmyse Tillman: Johnson Controls, Inc., Community Engagement

### LEGAL

Attorney Truscenialyn Brooks: Perkins & Coie, LLC, and Dr. Terence N. Thomas Scholarship Fund Alumni  
Judge Derek Mosley: Milwaukee Municipal Court  
Attorney Sheila Parrish-Spence: Law Offices of Sheila Parrish-Spence

### ELECTED OFFICIALS

Senator Nikiya Harris Dodd: Wisconsin District  
Alderman Ashanti Hamilton: President, Milwaukee Common Council, District 1  
Alderman Cavalier Johnson, District 2, Dr. Terence N. Thomas Sholarship Fund Alumni

Save the date: Dr. Terence N. Thomas Scholarship Brunch; Sunday, August 7, 2016





# Grilling gone wrong

By Chef Gerard Viverito

I love how food tastes when it's prepared on a grill. It's so much fun to create a meal outdoors with friends and family nearby.

But while outdoor grilling is an American tradition, common mistakes, such as using the wrong oil in your marinade, can be disastrous to your taste buds and bad for your health, as well as for the health of your family.

This year, before you prepare your marinades or fire up your grill, run through this list of precautions.

## Before you grill

Thaw meat in the refrigerator. Defrosting food on the counter encourages the growth of disease-causing pathogens such as listeria and salmonella.

Thaw proteins completely before grilling. That's the best way to ensure food cooks evenly. Use a meat thermometer in the thickest area to ensure doneness. Healthy internal temperatures are: poultry, 180 degrees; burgers, 160 degrees; pork, 160 degrees; and steaks, 145 degrees for medium rare and 160 degrees for medium.

Marinate with the right cooking oil. A lot of people marinate their proteins in olive oil before grilling. Over-heating olive oil can cause it to break down into dangerous carcinogens.

Plus, your food will probably taste rancid. Better to use an oil that will stand up to high heat, such as Malaysian sustainable palm oil. It's got a nice buttery texture,

it's filled with healthy nutrients, and it's good for the planet. I've posted some of my favorite recipes on [PalmOilHealth.org](http://PalmOilHealth.org).

Wash your hands thoroughly before transferring food onto the grill.

## Cooking with charcoal or propane

To avoid inhaling smoke and help prevent accidental fires, position the grill away from your house, and out from under leaves and tree branches. Each year, home grilling is responsible for thousands of home fires and for sending thousands of people to the hospital for burns.

Start with a clean grill. A build-up of extra grease and fat can cause a flash fire, in addition to contaminating your food with potential carcinogens.

Only use charcoal starter fluid with a charcoal grill. Stay safe by never adding flammable fluid once a fire is started.

Keep meat and vegetables separate on the grill. You want to keep meat drippings from falling on your vegetables. That's because vegetables don't cook long enough to destroy any bacteria present in the drippings.

## Serving your food

Always transfer cooked food onto a clean platter. Don't use the same plate that you just used for the raw food.

Keep food hot until it's served. Move it off the fire but keep it on the warm grill.

Throw away burned or charred portions before eating. The char and soot may contain dangerous chemicals or carcinogens.

Keep food away from flies. Use food covers to keep insects from sharing your meal and spreading germs.

Step away from the food (and downwind) before spraying on insect repellent. You don't want to eat the chemicals. And, they'll taste terrible!

## Treat leftovers with care

Refrigerate leftovers as soon as possible.

Discard food that's been sitting out for two hours or more.

Grilling is fun and can be delicious. With a few precautions, you can keep food borne pathogens, fires, and exposure to carcinogens from spoiling one of our best warm weather pastimes.

## About the author:

Chef Gerard Viverito, is a culinary instructor as the Director of Culinary Education for Passionfish, a NGO non-profit organization dedicated to educating people around the globe on the issue of sustainability in the seas. [[www.passionfish.org](http://www.passionfish.org)]

He is also operator of Saveur Fine Catering, a company whose beliefs and products center on local, sustainable and organic foods. Chef Viverito's pantry is loaded with items commonly overlooked in the supermarkets, yet he has a thorough understanding of them and a passion to teach others how to cook more healthfully.

In addition, Chef Viverito has dedicated a large part of his career to what he terms "functional cooking".

This is where he adds nutritional ingredients to dishes to gain healthful results. He is well known for his ability to lower the glycemic index value of food, add omega fatty acids, and whole proteins to dishes without compromising the texture or taste.

He appears regularly on radio and television programs demonstrating this as well as consulting clients on their dietary needs. [www.ChefGerard.com](http://www.ChefGerard.com)



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— Terisha Martin

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# Taking Simple Steps Can Help Protect Your Sight



*The Wisconsin Academy of Ophthalmologists and the American Academy of Ophthalmology provide tips to help keep eyes at their best during Healthy Vision Month in May*

**Approximately 37 million adults in America have age-related macular degeneration, cataract, diabetic retinopathy, or glaucoma, all of which can cause visual impairment or blindness, according to the National Eye Institute (NEI).**

However, recent studies show that making healthy

choices and getting regular eye exams can help reduce a person's risk of vision loss.

In support of NEI's Healthy Vision Month in May, Wisconsin Academy of Ophthalmologists and the American Academy of Ophthalmology are encouraging everyone to take charge of their eye health and preserve their sight by following some simple tips.

Live a healthy lifestyle. Eating a nutritious diet, maintaining a healthy weight and not smoking can lower your risk of eye disease. Foods that boost eye health include dark green leafy greens, cold water fish and citrus fruits. A study recently published in the journal *Ophthalmology* showed that a diet rich in vitamin C can cut the risk of cataract progression by nearly a third.

Other research shows that smoking doubles the risk of the eye disease age-related macular degeneration, is linked to cataracts, and worsens dry eye.

Know your family history. Certain eye diseases can be

inherited. If you have a close relative with macular degeneration, you have a 50 percent chance of developing the condition. In addition, a family history of glaucoma increases your chances of developing the condition by four to nine times.

So talk to your family members about what eye conditions they have. It can help you and your eye care professionals evaluate whether you may be at higher risk.

Get a dilated eye exam. Many eye diseases may have no symptoms in their early stages. A dilated eye exam is the best way to detect eye diseases so they can be treated as soon as possible to help prevent vision loss. The Academy recommends that adults have a baseline comprehensive eye exam with an ophthalmologist – a physician specializing in medical and surgical eye care – by the time they turn 40. This is when age-related eye changes often begin to occur.

People who are 65 and older should get an eye exam every one to two years. Those with chronic conditions such as diabetes or high blood pressure or known eye diseases may need to go earlier and more often.

Wear sunglasses. Over time, exposure to UV rays from the sun can increase your risk of cataracts, certain cancers and growths in or around the eyes. When choosing sunglasses, pick ones that block out at least 99 percent of UV rays. A wide-brimmed hat offers great additional protection as well.

Use protective eyewear to prevent injuries. Roughly a third of all emergency room visits for eye-related issues stem from traumatic eye injuries, according to a recent study in the journal *Ophthalmology*.

To help prevent these injuries, wear the right protective eyewear when doing activities that could cause eye injuries, such as home repair, garden work and sports.

"People don't often realize that simple, everyday actions can help them preserve their vision well through their golden years," said Rebecca J. Taylor, M.D., clinical spokesperson for the American Academy of Ophthalmology. "We encourage everyone to take these steps in order to keep their eyes healthy."

To learn more ways to keep your eyes healthy, visit the American Academy of Ophthalmology's public information website at [www.aao.org/eye-health](http://www.aao.org/eye-health).



**BREWERS COMMUNITY FOUNDATION IS DOING BIG THINGS FOR EVERYDAY PEOPLE. LIKE GIVING COLLEGE SCHOLARSHIPS TO HARD-WORKING KIDS, CONSTRUCTING HOMES FOR DESERVING FAMILIES, PROVIDING DENTAL CARE FOR CHILDREN, AND BUILDING & REFURBISHING NEIGHBORHOOD BASEBALL FIELDS. WITH THE HELP OF OUR DEDICATED FANS, PLAYERS AND COMMUNITY LEADERS, WE'RE ABLE TO MAKE AN IMPACT NOT ONLY IN MILWAUKEE, BUT ACROSS THE STATE. WHEN A WHOLE LOT OF PEOPLE SHARE THEIR TIME, TALENT AND FINANCIAL RESOURCES, THERE'S NO END TO WHAT WE CAN ACCOMPLISH.**



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SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV004145

In the matter of the name change of:  
LAURA KATHERINE BYKOWSKI  
By (Petitioner)

NOTICE IS GIVEN:  
A petition was filed asking to change  
the name of the person listed above:  
From: LAURA KATHERINE  
BYKOWSKI To: LAURA KATHERINE  
SORENSEN  
Birth Certificate: LAURA KATHERINE  
SCHULKE

IT IS ORDERED:  
This petition will be heard in the Circuit  
Court of Milwaukee County, State of  
Wisconsin.  
Judge’s Name: HON GLENN H.  
YAMAHIRO ROOM 402, PLACE:  
901 N. 9th Street, Milwaukee, Wiscon-  
sin, 53233 DATE: 8-19-16 2016 TIME:  
9:00AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by  
publication as a Class 3 notice for  
three (3) weeks in a row prior to the  
date of the hearing in the Milwaukee  
Community Journal, a newspaper  
published in Milwaukee County, State  
of Wisconsin.  
Dated: 6-2-16  
BY THE COURT:  
HON. GLENN H. YAMAHIRO  
Circuit Court Judge  
016-151/6-3-10-17-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV004144

In the matter of the name change of:  
PATRICIA JEAN BYKOWSKI  
By (Petitioner)

NOTICE IS GIVEN:  
A petition was filed asking to change  
the name of the person listed above:  
From: PATRICIA JEAN BYKOWSKI  
To: PATRICIA JEAN SORENSON  
Birth Certificate: PATRICIA JEAN  
BYKOWSKI

IT IS ORDERED:  
This petition will be heard in the Circuit  
Court of Milwaukee County, State of  
Wisconsin.  
Judge’s Name: HON GLENN H.  
YAMAHIRO ROOM 402, PLACE:  
901 N. 9th Street, Milwaukee, Wiscon-  
sin, 53233 DATE: 8-19-16 2016 TIME:  
9:00AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by  
publication as a Class 3 notice for  
three (3) weeks in a row prior to the  
date of the hearing in the Milwaukee  
Community Journal, a newspaper  
published in Milwaukee County, State  
of Wisconsin.  
Dated: 6-2-16  
BY THE COURT:  
HON. GLENN H. YAMAHIRO  
Circuit Court Judge  
016-150/6-3-10-17-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV004067

In the matter of the name change of:  
LISA JUNE FELESHCHUK  
By (Petitioner) LISA JUNE FE-  
LESHCHUK

NOTICE IS GIVEN:

A petition was filed asking to change  
the name of the person listed above:  
From: LISA JUNE FELESHCHUK To:  
LISA JUNE BUNKER  
Birth Certificate:

IT IS ORDERED:  
This petition will be heard in the Circuit  
Court of Milwaukee County, State of  
Wisconsin.  
Judge’s Name: HON DENNIS P. MO-  
RONEY ROOM 413 PLACE: 901 N.  
9th Street, Milwaukee, Wisconsin,  
53233 DATE: JULY 13, 2016 TIME:  
1:30PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by  
publication as a Class 3 notice for  
three (3) weeks in a row prior to the  
date of the hearing in the Milwaukee  
Community Journal, a newspaper  
published in Milwaukee County, State  
of Wisconsin.  
Dated: 5-31-2016  
BY THE COURT:  
HON. DENNIS P. MORONEY  
Circuit Court Judge  
016-149/6-3-10-17-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
DIVORCE-40101  
Case No. 16FA1585

In Re: The marriage of RALPH  
CORHN , Petitioner and Respondent  
LOLITA MARIE GARRETT

THE STATE OF WISCONSIN, TO  
THE PERSON NAMED ABOVE AS  
RESPONDENT  
You are notified that the petitioner  
named above has filed a Petition for  
divorce or legal separation against  
you.

You must respond with a written de-  
mand for a copy of the Petition within  
40 days from the day after the first  
date of publication.

The demand must be sent or deliv-  
ered to the court at: Clerk of Court Mil-  
waukee County Courthouse 901 N.  
9th St. ROOM 104 Milwaukee WI  
53233and to RALPH CORHN 2110 W.  
NATIONAL AVE. MILWAUKEE WI  
53204  
It is recommended, but not required,  
that you have attorney help or repre-  
sent you.

If you do not demand a copy of the  
Petition within 45 days, the court may  
grant judgment against you for the  
award of money or other legal action  
requested in the Petition and you may  
lose your right to object anything that  
is or may be incorrect in the Petition.

A judgment may be enforced as pro-  
vided by law. A judgment awarding  
money may become a lien against  
any real estate you own now or in the  
future, and may also be enforced by  
garnishment or seizure of property.

You are further notified that if the par-  
ties to this action have minor children,  
violation of 948.31, Wis. Stats., (Inter-  
ference with custody by parent or oth-  
ers) is punishable by fines and/or  
imprisonment.

If you and the petitioner have minor  
children, documents setting forth the  
percentage standard for child support  
established by the department under  
49.22(9), Wis. Stats., and the factors  
that a court may consider for modifi-  
cation of that standard under  
767.511(1m), Wis. Stats., are avail-  
able upon your request from the Clerk  
of Court.

You are notified of the availability of in-  
formation from the Circuit Court Com-  
missioner as set forth in 767.105, Wis.  
Stats.

767.105 Information from Circuit Court  
Commissioner.

(2) Upon the request of a party to an  
action affecting the family, including a  
revision of judgment or order under  
sec. 767.59 or 767.451:  
(a) The Circuit Court Commissioner  
shall, with or without charge provide  
the party with written information on  
the following, as appropriate to the ac-  
tion commenced:  
1. The procedure for obtaining a judg-  
ment or order in the action.  
2. The major issues usually ad-  
dressed in such an action.  
3. Community resources and family  
court counseling services available to  
assist the parties.  
4. The procedure for setting modify-  
ing, and enforcing child support  
awards, or modifying and enforcing  
legal custody or physical placement  
judgments or orders.  
(b) The Circuit Court Commissioner  
shall provide a party, for inspection or  
purchase with a copy of the statutory  
provisions in this chapter generally  
pertinent to the action.  
Date: 4-14-2016  
By: RALPH CORHN  
016-148/6-3-10-17-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV003988

In the matter of the name change of:  
JESSIE LEE JACKSON  
By (Petitioner) JESSIE LEE JACK-  
SON

NOTICE IS GIVEN:  
A petition was filed asking to change  
the name of the person listed above:  
From: JESSIE LEE JACKSON To:  
WILLIE T BOYD  
Birth Certificate: JESSIE LEE JACK-  
SON

IT IS ORDERED:  
This petition will be heard in the Circuit  
Court of Milwaukee County, State of  
Wisconsin.  
Judge’s Name: HON DAVID A. HAN-  
SHER ROOM 412 PLACE: 901 N. 9th  
Street, Milwaukee, Wisconsin, 53233  
DATE: 6-28- 2016 TIME: 2:00PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by  
publication as a Class 3 notice for  
three (3) weeks in a row prior to the  
date of the hearing in the Milwaukee  
Community Journal, a newspaper  
published in Milwaukee County, State  
of Wisconsin.  
Dated: 5-26-2016  
BY THE COURT:  
HON. DAVID A. HANSHER  
Circuit Court Judge  
016-147/6-3-10-17-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
DIVORCE-40101  
Case No. 16FA002936

In Re: The marriage of SHANNON  
RYNEL THARP , Petitioner and Re-  
spondent LATASHA THARP

THE STATE OF WISCONSIN, TO  
THE PERSON NAMED ABOVE AS  
RESPONDENT  
You are notified that the petitioner  
named above has filed a Petition for  
divorce or legal separation against  
you.

You must respond with a written de-  
mand for a copy of the Petition within  
40 days from the day after the first  
date of publication.

The demand must be sent or deliv-  
ered to the court at: Clerk of Court Mil-  
waukee County Courthouse 901 N.  
9th St. ROOM 104 Milwaukee WI  
53233 and to LATASHA THARP 6520  
W. CAROL ANN DR. BROWN DEER,

WISCONSIN 53223

It is recommended, but not required,  
that you have attorney help or repre-  
sent you.

If you do not demand a copy of the  
Petition within 45 days, the court may  
grant judgment against you for the  
award of money or other legal action  
requested in the Petition and you may  
lose your right to object anything that  
is or may be incorrect in the Petition.

A judgment may be enforced as pro-  
vided by law. A judgment awarding  
money may become a lien against  
any real estate you own now or in the  
future, and may also be enforced by  
garnishment or seizure of property.

You are further notified that if the par-  
ties to this action have minor children,  
violation of 948.31, Wis. Stats., (Inter-  
ference with custody by parent or oth-  
ers) is punishable by fines and/or  
imprisonment.

If you and the petitioner have minor  
children, documents setting forth the  
percentage standard for child support  
established by the department under  
49.22(9), Wis. Stats., and the factors  
that a court may consider for modifi-  
cation of that standard under  
767.511(1m), Wis. Stats., are avail-  
able upon your request from the Clerk  
of Court.

You are notified of the availability of in-  
formation from the Circuit Court Com-  
missioner as set forth in 767.105, Wis.  
Stats.

767.105 Information from Circuit Court  
Commissioner.  
(2) Upon the request of a party to an  
action affecting the family, including a  
revision of judgment or order under  
sec. 767.59 or 767.451:  
(a) The Circuit Court Commissioner  
shall, with or without charge provide  
the party with written information on  
the following, as appropriate to the ac-  
tion commenced:  
1. The procedure for obtaining a judg-  
ment or order in the action.  
2. The major issues usually ad-  
dressed in such an action.  
3. Community resources and family  
court counseling services available to  
assist the parties.  
4. The procedure for setting modify-  
ing, and enforcing child support  
awards, or modifying and enforcing  
legal custody or physical placement  
judgments or orders.  
(b) The Circuit Court Commissioner  
shall provide a party, for inspection or  
purchase with a copy of the statutory  
provisions in this chapter generally  
pertinent to the action.  
Date: 5-25-16  
By: SHANNON RYNEL THARP  
016-143/5-27/6-3-10-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV003870

In the matter of the name change of:  
KELLY CHRISTINE ONSTOTT VILLA  
By (Petitioner) KELLY CHRISTINE  
ONSTOTT VILLA

NOTICE IS GIVEN:  
A petition was filed asking to change  
the name of the person listed above:  
From: KELLY CHRISTINE ONSTOTT  
VILLA To: KELLY LUCY GLOSTOTT  
Birth Certificate: KELLY CHRISTINE  
ONSTOTT

IT IS ORDERED:  
This petition will be heard in the Circuit  
Court of Milwaukee County, State of  
Wisconsin.  
Judge’s Name: HON JOHN DI  
MOTTO ROOM 401, PLACE: 901 N.  
9th Street, Milwaukee, Wisconsin,  
53233 DATE: JUNE 28 2016 TIME:

9:00 AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by  
publication as a Class 3 notice for  
three (3) weeks in a row prior to the  
date of the hearing in the Milwaukee  
Community Journal, a newspaper  
published in Milwaukee County, State  
of Wisconsin.  
Dated: 5-20-16  
BY THE COURT:  
HON. JOHN DI MOTTO  
Circuit Court Judge  
016-0141/5-27/6-3-10-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV000871

In the matter of the name change of:  
JOSEPH WILLIAM GLOSS  
By (Petitioner) JOSEPH WILLIAM  
GLOSS

NOTICE IS GIVEN:  
A petition was filed asking to change  
the name of the person listed above:  
From: JOSEPH WILLIAM GLOSS To:  
JOSEPH WILLIAM GLOSTOTT  
Birth Certificate: JOSEPH WILLIAM  
GLOSS

IT IS ORDERED:  
This petition will be heard in the Circuit  
Court of Milwaukee County, State of  
Wisconsin.  
Judge’s Name: HON GLENN H.  
YAMAHIRO ROOM 402, PLACE: 901  
N. 9th Street, Milwaukee, Wisconsin,  
53233 DATE: JULY 13, 2016 TIME:  
9:15 AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by  
publication as a Class 3 notice for  
three (3) weeks in a row prior to the  
date of the hearing in the Milwaukee  
Community Journal, a newspaper  
published in Milwaukee County, State  
of Wisconsin.  
Dated: 5-23-16  
BY THE COURT:  
HON. GLENN H. YAMAHIRO  
Circuit Court Judge  
016-140-/5-27/6-3-10-2016

SUMMONS  
(PUBLICATION)  
STATE OF WISCONSIN  
CIRCUIT COURT  
MILWAUKEE COUNTY  
NOTICE AND ORDER FOR  
NAME CHANGE HEARING  
Case No. 16CV003637

In the matter of the name change of:  
WILLIAM LEE JOURNEY  
By (Petitioner) WILLIAM LEE JOUR-  
NEY

NOTICE IS GIVEN:  
A petition was filed asking to change  
the name of the person listed above:  
From: WILLIAM LEE JOURNEY To:  
SIRAJ SAIYF MIRAJ  
Birth Certificate: WILLIAM LEE JOUR-  
NEY  
IT IS ORDERED:  
This petition will be heard in the Circuit  
Court of Milwaukee County, State of  
Wisconsin.  
Judge's Name: HON GLENN H.  
YAMAHIRO ROOM 402 PLACE:  
901 N. 9th Street, Milwaukee, Wiscon-  
sin, 53233 DATE: JULY 13, 2016  
TIME: 9:00AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by  
publication as a Class 3 notice for  
three (3) weeks in a row prior to the  
date of the hearing in the Milwaukee  
Community Journal, a newspaper  
published in Milwaukee County, State  
of Wisconsin.  
Dated: 5-17-16  
BY THE COURT:  
HON. GLENN H. YAMAHIRO  
Circuit Court Judge  
016-139/5-27/6-3-10-2016



# Could your tech devices be compromising your health and affecting your sleep?

## Why are digital devices harmful to eyes and health in general?

"There are 2 reasons", says optometrists Dr. Eric White, "One the eyestrain it causes focusing for hours at a finite distance. In years past we would only focus at a distance then with the invention of computers the focal distance was about 22 inches.

Laptops and tablets put it at 18 inches and now phones and texting are 6-12 inches. Each time puts more strain on our eyes causing headaches and visual fatigue. Computer eyewear like Gunnar glasses relax the eyes by tricking the eyes to think they are focusing far away letting the eyes relax and feel like they are focusing at distance.

The second reason is blue light technology. We now know that the blue light emitted off the mon-

itor in all electronic devices causes eyestrain and tired eyes so by wearing the glasses that absorb blue light your eyes will be more comfortable and your REM sleep will be better".

## Why blue light is so damaging to your sleep cycle?

Normal light is full spectrum. To extend screen and battery life, screen light uses high frequency spikes of specific light waves. "It's more efficient but harder on your eyes," says computer eyewear in-

novator Joe Croft.

Doctors recognized this and advise that every 20 minutes, it's smart to look 20 feet away for 20 seconds. And don't look at your computer for two or three hours before you go to bed.

He explains why blue light is so hazardous to your sleep cycle.

"The spectrum below 450 nanometers has been shown to be the most damaging to the retina, but that's not all. Not only does it create the highest level of

retinal cell death but this range of light controls your biological rhythms.

Essentially, an abundance of blue light tells your body that it's time to be awake. When you're exposed to it, your body stops producing sleep-inducing hormones such as melatonin, and you wake up.

Normally, when the sun goes down, your body starts producing

(continued on page 7)

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV003861

In the matter of the name change of:  
DE ARE RHEA II  
By (Petitioner) DE ARE RHEA II

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: DE ARE RHEA II To: DE ARE JETT  
Birth Certificate: DE ARE RHEA II

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.

Judge's Name: HON RICHARD J. SANKOVITZ ROOM 500, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: JUNE 21, 2016 TIME: 9:00AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 5-23-16  
BY THE COURT:  
HON. RICHARD J. SANKOVITZ  
Circuit Court Judge  
016-138/5-27/6-3-10-2016

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV003845

In the matter of the name change of:  
JASMINE NICOLE VILLINES  
By (Petitioner) JASMINE NICOLE VILLINES

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: JASMINE NICOLE VILLINES To: JASMINE NICOLE FLOYD  
Birth Certificate: JASMINE NICOLE VILLINES

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.

Judge's Name: HON DAVID L. BOROWSKI ROOM 206, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: JUNE 14 2016 TIME: 2:00PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 5-19-16  
BY THE COURT:  
HON. DAVID L. BOROWSKI  
Circuit Court Judge  
016-137/5-20-27/6-3-2016

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY DIVORCE-40101 Case No. 16FA002922

In Re: The marriage of JESSICA DE OLIVEIRA , Petitioner and Respondent KLEBER DE OLIVEIRA

THE STATE OF WISCONSIN, TO THE PERSON NAMED ABOVE AS RESPONDENT  
You are notified that the petitioner named above has filed a Petition for divorce or legal separation against you.

You must respond with a written demand for a copy of the Petition within 40 days from the day after the first date of publication.

The demand must be sent or delivered to the court at: Clerk of Court Milwaukee County Courthouse 901 N. 9th St. ROOM 104 Milwaukee WI 53233 and to JESSICA DE OLIVEIRA 810 ½ HAWTHORNE AVE. SOUTH MILWAUKEE WISCONSIN 53172

It is recommended, but not required, that you have attorney help or represent you.

If you do not demand a copy of the Petition within 45 days, the court may grant judgment against you for the award of money or other legal action requested in the Petition and you may lose your right to object anything that is or may be incorrect in the Petition.

A judgment may be enforced as provided by law. A judgment awarding money may become a lien against any real estate you own now or in the future, and may also be enforced by garnishment or seizure of property.

You are further notified that if the parties to this action have minor children, violation of 948.31, Wis. Stats., (Interference with custody by parent or others) is punishable by fines and/or imprisonment.

If you and the petitioner have minor children, documents setting forth the percentage standard for child support established by the department under 49.22(9), Wis. Stats., and the factors that a court may consider for modification of that standard under 767.511(1m), Wis. Stats., are available upon your request from the Clerk of Court.

You are notified of the availability of information from the Circuit Court Commissioner as set forth in 767.105, Wis. Stats.

767.105 Information from Circuit Court Commissioner.

(2) Upon the request of a party to an action affecting the family, including a revision of judgment or order under sec. 767.59 or 767.451:

(a) The Circuit Court Commissioner shall, with or without charge provide the party with written information on the following, as appropriate to the action commenced:

1. The procedure for obtaining a judgment or order in the action.

2. The major issues usually addressed in such an action.  
3. Community resources and family court counseling services available to assist the parties.  
4. The procedure for setting modifying, and enforcing child support awards, or modifying and enforcing legal custody or physical placement judgments or orders.

(b) The Circuit Court Commissioner shall provide a party, for inspection or purchase with a copy of the statutory provisions in this chapter generally pertinent to the action.  
Date: 5-17-16  
By: JESSICA DE OLIVEIRA  
016-136/5-20-27/6-3-2016

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV003638

In the matter of the name change of:  
KEISHA MYISHA COFFEEY  
By (Petitioner) KEISHA MYISHA COFFEEY

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: KEISHA MYISHA COFFEEY To: MYISHA PARRIS SLATON  
Birth Certificate: KEISHA MYISHA COFFEEY

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.

Judge's Name: HON JOHN DI MOTTO ROOM 401, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: JUNE 29, 2016 TIME: 8:45

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 5-17-16  
BY THE COURT:  
HON. GLENN H. YAMAHIRO  
Circuit Court Judge  
016-135/5-20-27/6-3-2016

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV003712

In the matter of the name change of:  
Tristen Jacob Banks  
By (Petitioner) NICHOLE DORSEY  
By (Co-Petitioner) Teon Banks.

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: TRISTEN JACOB BANKS To TRISTEN JACOB DORSEY-BANKS  
Birth Certificate: TRISTEN JACOB BANKS  
IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of

Wisconsin.  
Judge's Name: HON DAVID A. HANSHER ROOM PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: JUNE 16 2016 TIME: 3:00PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 5-13-16  
BY THE COURT:  
HON. DAVID A HANSHER  
Circuit Court Judge  
016-133/5-20-27/6-3-2016

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY WITHOUT MINOR CHILDREN Case No. 16FA002157 DIVORCE 40101

In re the marriage of MARGIE SMITH, 5227 N. 52ND ST MILWAUKEE, WISCONSIN 53218, Petitioner and TONY JEROME SMITH 2357 N. 24TH ST. MILWAUKEE WI 53209, RESPONDENT

THE STATE OF WISCONSIN, to the person named above as respondent:

You are notified that your spouse has filed a lawsuit or other legal action against you. The Petition, which is attached, states the nature and basis of the legal action.

Within 20 days of receiving this Summons, you must provide a written response, as that term is used in Ch. 802, Wis. Stats., to the Petition. The Court may reject or disregard a response that does not follow the requirements of the statutes.

The response must be sent or delivered to the following government office: Clerk of Court Milwaukee County 901 North 9th Street Milwaukee, Wisconsin 53233.

The response must also be mailed or delivered within 20 days to the petitioner at the address above.

It is recommended, but not required that you have an attorney help or represent you

If you do not provide a proper response within 20 days, the court may grant judgment against you and you may lose your right to object to anything that is or may be incorrect in the Petition.

A judgment may be enforced as provided by law. A Judgment may become a lien against any real estate you own now or in the future and may also be enforced by garnishment or seizure of property.

Dated: 3-28-16  
By: MARGIE SMITH  
016-131/5-20-27/6-3-2016

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT

### MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV003495

In the matter of the name change of:  
KHALIL BENTLEY KING  
By (Petitioner) TALISHA D BENTLEY

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: KHALIL BENTLEY KING To: KHALIL ESI KING JR.  
Birth Certificate: KHALIL BENTLEY KING

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON GLENN H. YAMAHIRO ROOM 402, PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: JUNE 20, 2016 TIME: 9:30AM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 5-9-16  
BY THE COURT:  
HON. GLENN H. YAMAHIRO  
Circuit Court Judge  
016-130/5-20-27/6-3-2016

### SUMMONS (PUBLICATION) STATE OF WISCONSIN CIRCUIT COURT MILWAUKEE COUNTY NOTICE AND ORDER FOR NAME CHANGE HEARING Case No. 16CV003559

In the matter of the name change of:  
ISABELLA KAITLYN LEWIS  
By (Petitioner) ALICE FRANCIES MARIE LEWIS By (Co-Petitioner) DANIEL LAWARENCE LEWIS

NOTICE IS GIVEN:  
A petition was filed asking to change the name of the person listed above:  
From: ISABELLA KAITLYN LEWIS To: ISABELLA JOY LEWIS  
Birth Certificate: ISABELLA KAITLYN LEWIS

IT IS ORDERED:  
This petition will be heard in the Circuit Court of Milwaukee County, State of Wisconsin.  
Judge's Name: HON STEPHANIE G. ROTHSTEIN ROOM 404 PLACE: 901 N. 9th Street, Milwaukee, Wisconsin, 53233 DATE: JUNE 21, 2016 TIME: 1:30PM

IT IS FURTHER ORDERED:  
Notice of this hearing shall be given by publication as a Class 3 notice for three (3) weeks in a row prior to the date of the hearing in the Milwaukee Community Journal, a newspaper published in Milwaukee County, State of Wisconsin.  
Dated: 5-17-16  
BY THE COURT:  
HON. STEPHANIE G. ROTHSTEIN  
Circuit Court Judge  
016-134/5-20-27/6-3-2016



# Could your tech devices be compromising your health and affecting your sleep?

(continued from page 6)

those sleep-inducing hormones and you get tired.

“If you get heavy doses of blue light continuously from your computer screen, day and night, your brain never has time to turn off. That’s why digital devices take part of the blame for an estimated one third of Americans not getting enough sleep.”

## What are the short and long term health consequences of digital eye strain?

(Dry eyes cataracts and macular degeneration.)"Dry eyes for sure—the statistic change in blink patterns go from 15 blinks per minute to 5 blinks per minute causing dry eyes.

Also the biggest are headaches and visual fatigue. There has been some literature stating blue light can cause cataract increase and macular changes", say Dr. White.

He explains why blue light is so hazardous to your sleep cycle. “The spectrum below 450 nanometers has been shown to be the most damaging to the retina, but that’s not all. Not only does it create the highest level of

retinal cell death but this range of light controls your biological rhythms.

Essentially, an abundance of blue light tells your body that it’s time to be awake. When you’re exposed to it, your body stops producing sleep-inducing hormones such as melatonin, and you wake up. Normally, when the sun goes down, your body starts producing those sleep-inducing hormones and you get tired.

“If you get heavy doses of blue light continuously from your computer screen, day and night, your brain never has time to turn off. That’s why digital devices take part of the blame for an estimated one third of Americans not getting enough sleep.”

## Who is at risk for digital eye-strain?

The statistics are revealing. About 30 percent of adults now spend more than half of their waking hours on a digital device.

And 83 percent of children between ages 10 and 17 use digital devices for more than three hours a day.

An estimated 73 percent of nine and 10 year olds, and 80 percent

of 13 and 14 year olds now suffer from technology-induced sleep disorders.

More children than ever are becoming nearsighted. The most alarming statistic is that 70 percent of Americans currently experience some form of digital eye strain, according to the Vision Council.

People aren’t going to stop looking at computers. The solution is to make these devices easier on your eyes.

“Eye doctors have long recommended taking frequent breaks, adjusting work stations to be ergonomically correct, and using proper eyewear.

Die-hard gamers, many of whom may use their computers for 15 hours a day, have long praised Gunnar’s proprietary computer eyewear which is backed by two clinical trials.

Now the rest of us are discovering the importance of wearing high-tech eyewear developed specifically for computer and other digital device users.

## How to evaluate computer eyewear?

There are many brands of inexpensive eyewear that claim to

block blue light. But Croft advises consumers to protect their eyes by wearing computer eyewear that takes a well-studied, scientific approach to the concerns. When evaluating computer eyewear, your checklist should include:

## Do they have properly tinted lenses? “

Certain tints filter the high-energy visible (HEV) blue light emitted from digital screens. Amber tints not only filter the proper HEV spectrum but also add additional contrast to what you’re viewing so your eyes don’t have to work so hard.

But avoid inexpensive amber lenses, especially those that make the entire screen look yellow. Think about how images and charts might look if you tried that.”

## How much of the right blue light do the lenses filter?

“The lenses should filter the spectrum below 450 nanometers of blue light. If they don’t filter the right blue light frequency, they won’t prevent digital eyestrain. Also, some lenses filter only about 10 percent of the blue light. Others, such as Gunnar, filter as much as 65 percent.

The best assurance that you’re getting the right type of blue light filter is to choose eyewear made with a computer-specific color formulation that is integrated directly into the lens material, and not applied as a surface treatment. These are considered medical devices.”

Is there an anti-reflective (AR) coating? “Doctor-prescribed eyewear typically comes with an anti-

reflective coating to reduce distractions added by glare and reflections on the lens.

The best computer eyewear will have this coating not only on the front side of the lens but on the back side as well.

Most manufacturers use a greenish coating but true computer eyewear will use a blue AR coating that is tuned exactly to reflect the huge spike of blue energy that is emitted from digital screens.”

**Do they have focusing power?** “Staring at the screen is like trying to flex your biceps for two or three hours without stopping. Your eye muscles are working hard.

You have to look away to relax. We’ve determined that a lens with 0.2 diopters of focusing power will do a lot of the heavy lifting and let your eye muscles relax so they become less fatigued.”

## Do the frames have a wrap-around design and fit close to the face?

“People don’t realize that when you look at a computer, your blink rate reduces to about one third. Your eyes get dry.

Computer eyewear with a wrap-around design that fits close to the face minimizes dry eyes by holding more humidity between the lens and your eyes. This is often one of the first benefits people notice.”

## Are they fashionable?

“High-tech computer eyewear may be outstanding at protecting your eyes, but you also have to feel great about wearing it.”

## Legals/Classifieds/Public Notices

Visit our website @  
[www.community](http://www.community)

**Web-site updates:**  
Experienced, web-savvy, updaters needed. Daily updates mandatory. Bi-weekly payment. Send resume to:  
**MCJ; 3612 N. Dr. King Dr.; Milwaukee, WI 53212**

## NOTICE

Milwaukee Public Schools is requesting quotations for Washer and Dryer Units - Equipment Purchase Only. Equipment specifications, proposal requirements and guidelines may be obtained 7:30 A.M. to 5:00 P.M. Monday through Friday from A/E Graphics, Inc.; 4075 North 124th Street, Brookfield, WI 53005; phone (262) 781-7744; fax (262) 781-4250. Call A/E Graphics, Inc. for availability of proposal documents. Documents may also be viewed online at A/E Graphics, Inc. @ [www.aegraphics.com](http://www.aegraphics.com).

The HUB requirements for this contract is 0%

The COIN requirements for this contract is 0%

The Student Employment / Participation requirements for this contract are 0%.

All questions should be submitted in writing to Mark Bethel of Milwaukee Public Schools' Facilities and Maintenance Services, fax number (414) 283- 4682. No questions will be answered verbally. No verbal information from any source is to be relied upon by any respondent in the development of their response to the request for quotation. Only questions submitted in writing prior to 12:00 Noon on Thursday, June 02, 2016 will be answered. No questions will be answered after that date and time. These responses will be documented by way of addenda, which will be forwarded to all bidders.

Submit all quotations to Mr. Mark Bethel, Project Specialist of Design and Construction of Facilities and Maintenance Services, 1124 North 11th Street, Milwaukee, Wisconsin 53233 no later than 1:30 PM on Thursday, June 09, 2016.

The right is reserved to reject any or all bids or to waive informalities.

Darienne B. Driver, Ed.D.  
Superintendent of Schools

11075282/05-26/06-2

### Administrative Assistant

Seaway Bank and Trust Company is seeking an experienced Administrative Assistant to report to the Senior Vice President/North Division Manager. Responsibilities include: monitoring incoming telephone calls, reviewing memos & correspondence, preparing itineraries, filing & record keeping and providing overall administrative support.

Candidate will have strong written and verbal communication skills; be able to multi-task and handle confidential matters. Knowledge of Microsoft Word and Excel required. Submit resumes to: [hr@seawaybank.us](mailto:hr@seawaybank.us).

To place a Classified ad Call 265-5300

### OFFICIAL ADVERTISEMENT

Office of the Milwaukee Public Schools, DIVISION OF FACILITIES AND MAINTENANCE SERVICES, 1124 North 11th Street, Milwaukee, Wisconsin, May 31, 2016.

Sealed proposals will be received at 1124 North 11th Street, directed to the attention of Mr. Travis R. Luzney, P.E., Director of the Division of Facilities and Maintenance Services, pursuant to Section 119.52(3) Wisconsin Statutes, until Thursday, June 23, 2016 at 1:30 PM, in accordance with plans and specifications for the following work:

All contractor(s) and subcontractor(s) are subject to the prevailing wage rates and hours of labor as prescribed by the Milwaukee Board of School Directors of the City of Milwaukee consistent with provisions of Section 66.0903 of the Wisconsin Statutes.

BID GUARANTY TO ACCOMPANY BID: MPS Bid Bond, Certified or Cashier's Check: 10% of Contractor's Base Bid.

### FUME HOOD & CABINET RELOCATION

#### Golda Meir School

227 W. Pleasant Street  
Milwaukee, WI 53212  
MPS Property No. 067  
MPS Project No. 3741

The HUB requirements for this project are 0%

The COIN requirements for this project are 0%

The minimum Student Participation requirements for this project are:

Paid Employment: 0 Hours

Educational Activities: 0 Hours

Deposit for Drawings and Specifications: \$25.00

MAILING CHARGE: \$35.00

The bidding documents may be obtained 7:30 A.M. to 5:00 P.M.; Monday through Friday from A/E Graphics, Inc.; 4075 North 124th Street, Brookfield, WI 53005; phone (262) 781-7744; fax (262) 781-4250. Call A/E Graphics, Inc. for availability of bid documents for pick up. Plans and specifications will be loaned to a prospective bidder upon receipt of the deposit listed, which deposit will be returned upon surrender of the plans and specifications in good condition. Bid documents must be returned only to A/E Graphics, Inc. Plans and specifications may not be examined at the Facilities and Maintenance Services' office or at A/E Graphics. Plans and specifications may also be viewed online at A/E Graphics, Inc. @ [www.aegraphics.com](http://www.aegraphics.com).

Each proposal shall be for a fixed lump sum.

The right is reserved to reject any or all bids or to waive informalities.

Upon reasonable notice, efforts will be made to accommodate the needs of disabled individuals at the bid opening through sign language interpreters or other auxiliary aids. The following TDD number is available for the hearing impaired for questions prior to bid opening, (414) 283-4611.

Darienne B. Driver, Ed.D.

Superintendent of Schools

11074001/05-31/06-2-9-16

### OFFICIAL ADVERTISEMENT

Office of the Milwaukee Public Schools, DIVISION OF FACILITIES AND MAINTENANCE SERVICES, 1124 North 11th Street, Milwaukee, Wisconsin, May 26, 2016.

Sealed proposals will be received at 1124 North 11th Street, directed to the attention of Mr. Travis R. Luzney, P.E., Director of the Division of Facilities and Maintenance Services, pursuant to Section 119.52(3) Wisconsin Statutes, until Tuesday, June 21, 2016 at 1:30 PM, in accordance with plans and specifications for the following work:

All contractor(s) and subcontractor(s) are subject to the prevailing wage rates and hours of labor as prescribed by the Milwaukee Board of School Directors of the City of Milwaukee consistent with provisions of Section 66.0903 of the Wisconsin Statutes.

BID GUARANTY TO ACCOMPANY BID: MPS Bid Bond, Certified or Cashier's Check: 10% of Contractor's Base Bid.

### ROOFING REMOVAL AND REPLACEMENT

#### Lloyd Barbee Montessori School

4456 N. Teutonia Avenue  
Milwaukee, WI 53209  
MPS Property No. 188  
MPS Project No. 3373

The HUB requirements for this project are 20%

The COIN requirements for this project are 15%

The minimum Student Participation requirements for this project are:

Paid Employment: 300 Hours

Educational Activities: 10 Hours

Deposit for Drawings and Specifications: \$25.00

MAILING CHARGE: \$35.00

The bidding documents may be obtained 7:30 A.M. to 5:00 P.M.; Monday through Friday from A/E Graphics, Inc.; 4075 North 124th Street, Brookfield, WI 53005; phone (262) 781-7744; fax (262) 781-4250. Call A/E Graphics, Inc. for availability of bid documents for pick up. Plans and specifications will be loaned to a prospective bidder upon receipt of the deposit listed, which deposit will be returned upon surrender of the plans and specifications in good condition. Bid documents must be returned only to A/E Graphics, Inc. Plans and specifications may not be examined at the Facilities and Maintenance Services' office or at A/E Graphics. Plans and specifications may also be viewed online at A/E Graphics, Inc. @ [www.aegraphics.com](http://www.aegraphics.com).

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Darienne B. Driver, Ed.D.

Superintendent of Schools

11 073978105-26-31/06-7-14

## THE MILWAUKEE COMMUNITY JOURNAL TO PUBLISH LEGALS NOTICES IN MILWAUKEE COUNTY

Milwaukee, Wisconsin

The Milwaukee Community Journal (MCJ) has expanded its services to the greater Milwaukee community with the publishing of legal notices in its Weekend Edition. As a qualified provider of the publication of legal notices, MCJ will serve city, county and state offices for publishing community notifications. Such notifications include:

- Public hearings
- Public meeting
- Election notices
- Divorce proceedings
- Name change notices
- Publication of summons when personal services cannot be made to defendants
- Notice of auction of unclaimed storage unit property
- Probate notices
- Foreclosure/sheriff's sale notice of creditor listing of property for sale
- Other general legal and public notices

About Milwaukee Community Journal Weekend Edition

The Milwaukee Community Journal (MCJ) Weekend Edition is a public newspaper of general circulation that complies with the laws of Wisconsin relating to the publication of legal notices. MCJ's Weekend Edition has been published regularly and continuously in the city of Milwaukee for over 10 years. We have a paid circulation of approximately 65% of our circulation. Furthermore, our actual subscribers are over 1,000 copies each week.

MCJ's Weekend Edition is published regularly weekly. Each week, MCJ Weekend focuses on different subjects Health, Personal, Finance, Family, Men and Women. Our Weekend Edition now includes the publishing of records designated by the Milwaukee County Circuit Court for publication of legal notices; with added value in the Wednesday edition too.

About the Milwaukee Community Journal (MCJ)

The Milwaukee Community Journal (MCJ) is a quality news organization published throughout Milwaukee and the surrounding suburbs. Established in 1976, the Milwaukee Community Journal has advanced and reported the plight, struggles and victories of minorities in Wisconsin, with a passion for building community the MCJ accentuates the positive, analyzes the negatives and advocates to seed success!



# Pick 'n Save®



## NOW HIRING!

Come grow your career with us!

VIEW CURRENT AVAILABLE POSITIONS AND APPLY AT:  
WWW.PICKNSAVE.COM/CAREERS

## BURGERS & BEER

TALK ABOUT SUMMER PAIR-ADISE

Who needs a summer vacation when eating is this good at home? Get grillin' with this week's good Wisconsin values.



Fresh 73% Lean Ground Beef  
sold in 3 lb. or more pkgs.

**\$2.49<sup>LB</sup>**

WITH CARD

Roundy's Fresh Ground Beef Patties 16 oz. \$3.99 WITH CARD



**\$17.44**

WITH CARD

Miller, Budweiser  
or Coors  
Family Beer  
24 pk. 12 oz. cans



USDA Choice  
Black Angus  
Semi-Boneless  
Beef Rib Steak

**\$7.99<sup>LB</sup>**

WITH CARD



Boneless Skinless  
Family Pack  
Chicken Breasts  
or Boneless Thighs

**\$1.99<sup>LB</sup>**

LIMIT 2 PKGS. WITH CARD

Fresh Marinated Boneless Skinless  
Chicken Breasts or Tenderloins  
from our service case  
\$3.99 lb. WITH CARD



## SEAFOOD SAVINGS

REEL IN THE VALUE!



Jumbo  
Snow Crab Clusters  
fully cooked

**\$7.99<sup>LB</sup>**

WITH CARD



Roundy's  
Fisherman's Reserve  
Large Cooked Shrimp  
16 oz. bag, 31-40 ct. per lb.

**\$9.99**

WITH CARD



Fresh  
Tilapia Fillets

**\$5.99<sup>LB</sup>**

WITH CARD



**\$6<sup>LB</sup>**

WITH CARD

Roundy's Turkey Breast,  
Chicken Breast or Mild or Medium  
Cheddar Cheese  
from our deli



Tostitos  
9-14 oz. Tortilla Chips  
or 15-15.5 oz. Salsa or Dip  
selected varieties

**\$2<sup>EA</sup>**

WHEN YOU BUY 3  
LIMIT 1 OFFER WITH CARD  
ALL OTHER PURCHASES \$3 WITH CARD



Bellatoria,  
Palermo's Primo,  
P'MOs or Connie's  
Pizza  
selected 12-18-25.9 oz. varieties

**BUY ONE GET ONE  
FREE**

WITH CARD



**\$5.99<sup>EA</sup>**

Pepsi, Mtn Dew or Sierra Mist  
and other selected 24 pk. 12 oz. can varieties

WHEN YOU BUY 2  
LIMIT 1 OFFER WITH CARD  
ALL OTHER PURCHASES \$7 WITH CARD



**2/\$6**

WITH CARD

Roundy's  
Bacon  
selected 12-16 oz. varieties



**\$10**

WITH CARD

Cottonelle 24 + 6 Double Roll  
Bonus Pack Bath Tissue  
or Kleenex 10 Pack Facial Tissue  
white supplies last

## TAILGATE TOOLKIT

EVERYTHING BUT THE GRILL

**\$2<sup>EA</sup>**

WITH CARD

Aunt Millie's Stadium Hamburger  
or Hot Dog Buns  
8 ct.  
Roundy's Potato or Tortilla Chips  
selected 10.5-13 oz. varieties  
Hunt's Ketchup  
44.5 oz., bonus size  
Oscar Mayer Wieners  
selected 14-16 oz. varieties  
Big K Cola  
and other selected 12 pk. 12 oz. can varieties



## MIX IT UP WITH FRUIT SALAD

HOT DEALS TO COOL DOWN



Chiquita  
Extra Sweet  
Jumbo Pineapple  
from Costa Rica

**\$1.99<sup>EA</sup>**

WITH CARD



Want an extra cool treat?  
Freeze before serving!

**SUMMER Solutions!**



Green  
Seedless Grapes  
from Mexico

**\$1.49<sup>LB</sup>**

WITH CARD



Red  
Mangoes  
from Mexico

**69<sup>¢</sup><sup>EA</sup>**

WITH CARD

Case Mangoes  
\$5 WITH CARD



Mighties  
Kiwi Fruit  
1 lb. pkg.

**\$1.99**

WITH CARD



Jumbo  
Cantaloupe  
from Arizona

**\$1.99<sup>EA</sup>**

WITH CARD



**\$3.88<sup>EA</sup>**

WITH CARD

Premium Strawberries  
2 lb. pkg., from California  
Blueberries  
18 oz. pkg.

**BIG  
PACKS!**

WISCONSIN VALUES GOOD Thursday, June 2 - Wednesday, June 8, 2016

picknsave.com



We reserve the right to limit quantities and correct all printed errors. Not all items and prices available at all locations. Prices subject to state and local taxes, if applicable. No sales to dealers. Purchase requirements exclude discounts, coupons, gift cards, lottery tickets, bus passes and use of Fresh Perks Card®. Check out our website at: picknsave.com. All prices "with card" are discounted by using your Fresh Perks Card®. Free promotion will be applied to item of least value.